

# It's a whole new ballgame — a 10-week season Win \$50 by picking the football winners in today's paper

All winners get a chance to compete for \$500 cash

See page 48 to enter



# Eastern Share Post

**NOVEMBER 29. 2024** 

THE VOICE OF ACCOMACK AND NORTHAMPTON COUNTIES ON VIRGINIA'S EASTERN SHORE

**FREE OF CHARGE** 

#### MADRIGAL SINGERS



SUBMITTED PHOTO

From left, Tyler Marsh, Wes Marsh, and Marty Killmon appear as the three wise men in the Eastern Shore Madrigal Singers' production of "Christmas in the Air," which will be performed Dec. 6 to 8 at the North Street Playhouse in Onancock. The madrigal singers have performed each year since 1976 except for pandemic years.

CAPE CHARLES

# Town approves short-term rental zoning regulations

#### BY STEFANIE BOWMANN

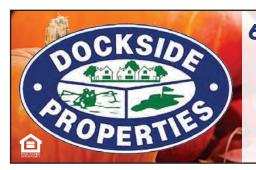
**Eastern Shore Post** 

The Cape Charles Town Council voted 5-1 to pass a long-awaited resolution creating a zoning ordinance to regulate the short-term vacation rental homes that have proliferated in the tourist town.

"We are moving away from being a family destination," said new council member Tara Ashworth, who cast the only vote opposing the resolution on Nov. 21.

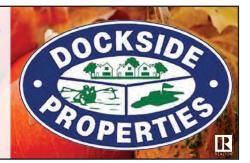
She was referring specifically to the deletion of proposed zoning text that allowed any number of children of a certain age to stay in a short-term rental, commonly called an STR.

(Continued on page 8)



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EASTERN SHORE BOWL

# Enter contest on page 48

Because of early deadlines for the Eastern Shore Post for Thanksgiving, the winner of the week seven and week eight contests will be revealed next week for the Eastern Shore Post's Eastern Shore Bowl football contest, sponsored by Buchanan Subaru of Pocomoke City.

Winners so far include Weldon

Ashby, Kenny Walker, Gar Kellam, Cathy Richardson (a two-time weekly champion), and Kinsey Rayfield, all of whom are qualifiers in the final round for a chance to win \$500.

To enter the week nine contest, see page 48 of today's Eastern Shore Post. The contest runs 10 weeks.

#### COMMUNICATING WITH THE EASTERN SHORE POST

- PRESS RELEASES AND SUBMITTED PHOTOS: Email them to editor@easternshorepost.com.
- ITEMS FOR THE EVENT CALENDAR: Email them to editor@easternshorepost.com.
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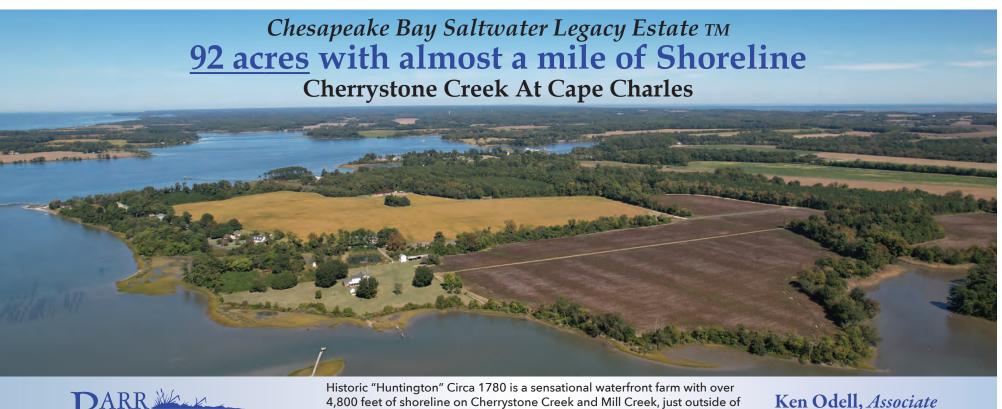


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SUBMITTED PHOTO

Maury Enright, holding the certificate at center, is presented the Community Builders Award at the Temperanceville Masonic Lodge in honor of his service to the community. Enright is a resident of Atlantic, retired after 42 years in education, and a respected citizen of the community around Temperanceville Lodge. Enright is an ordained minister as well as a substitute school teacher at Chincoteague High School. In addition, he's a substitute pastor at Wattsville United Methodist Church, Pocomoke United Methodist Church, and Pittsville United Methodist Church, and is the music director for the Atlantic Baptist Church, along with being the church secretary.



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## 'I am a gangster and I will stay a gangster'

#### BY NANCY DRURY DUNCAN

**Eastern Shore Post** 

A 45-year-old man convicted of killing a local couple and hiding their bodies was sentenced to 108 years in prison in Accomack County Circuit Court.

When he was arrested and charged with the murders, Julian Travis Scarborough, of Painter, told a police investigator, "I am a gangster and I will stay a gangster."

The Painter resident was described as "a dangerous and deadly person" by Commonwealth's Attorney Spencer Morgan.

He said Scarborough's criminal violence began as a juvenile and continued throughout his life.

At his sentencing, Scarborough told the court he had no remorse for the shooting deaths of Princeton Bragg and Lolita Monique Boggs because he did not

kill them.

Evidence presented at the August jury trial told a different story.

Cellphone location tracking, DNA evidence, text messages, and video evidence of him going into the couple's home on the day they disappeared convinced a jury of his guilt beyond a reasonable

In March 2022, Bragg and Boggs failed to return from a shopping trip and a worried family member called police.

Their bullet-ridden bodies were found in their car in a wooded area not far from their Painter-area home.

Boggs' body was on the floor of the back seat and Bragg's body was in the

It is thought the pair was killed at another location because the car was undamaged.

Bragg was the father of eight children

and Boggs the mother of nine.

"This was a horrific incident," said Judge Lynwood W. Lewis. "You were destined for that for a long time. The multiple tragedies you have caused led to

Many of the murdered couple's grown children and other family members were at Scarborough's sentencing.

Morgan described the pain and suffering felt by those family members as "palpable."

Many cried both during the trial and at the sentencing.

While leaving the courtroom after hearing Scarborough's sentence, one said, "He can't ever hurt anybody again."

A jury earlier convicted Scarborough of first degree murder, robbery, concealment and defiling a dead body, destroying evidence, and other related felonies.

#### Moore's Trucking hosting toy drive

Moore's Trucking in Belle Haven is hosting a toy drive for those affected by Hurricane Helene through Dec. 13.

Items being collected include coats, hats, gloves, and blankets for all ages, as well as new, unwrapped

Donations can be dropped off at Moore's Trucking, 15442 Merry Cat Lane, Belle Haven, anytime between 8 a.m. and 5 p.m., Monday through Friday.

Those who want a little extra holiday cheer with their donation can come out on Dec. 7 from 9 a.m. to noon, when Santa will be on board to help accept donations.

All donations will be delivered to Hurricane Helene survivors on Dec. 15.

For more information contact Moore's Trucking at 757-442-2734.

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# in Onancock,

# 2024 Holiday Festivities

#### Wednesday, December 4

Holiday Wine Wednesday @ Historic Onancock School 5-7pm

#### Friday, December 6

Lights on the Lawn Grand Illumination @ Ker Place 6pm
Eastern Shore Madrigal Singers @ North Street Playhouse 7pm

#### **Saturday, December 7**

Eastern Shore Madrigal Singers @ North Street Playhouse 7pm

#### **Sunday, December 8**

Eastern Shore Madrigal Singers @ North Street Playhouse 2:30pm

#### **Thursday, December 12**

FREE Holiday Movie: "Joyeux Noel" @ Roseland Theater 7pm

#### Friday, December 13

**Ker Place Holiday Dinner 6pm** 

"Santa's Mixed Bag Goes to Hollywood" 7:30pm @ North Street Playhouse

**2nd Friday Art Stroll** 

#### Saturday, December 14

SANTA arrives by boat @ the Wharf 11am

**HOS Holiday Artisan Market @ Historic Onancock School 10-3pm** 

**Christmas Homes Tour 1-5pm** 

**Cokesbury Music Festival 2-4pm** 

"Santa's Mixed Bag Goes to Hollywood" 2:30 & 7:30 pm

**@ North Street Playhouse** 

#### Sunday, December 15

FREE Holiday Movie: "Elf" @ Roseland Theater 2:30pm

Onancock Holiday Parade 5pm



Scan to visit www.Onancock.org/events

www.onancock.org/events

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# Planning for the Holidays



#### Give Mom and Dad the Lifestyle They Deserve

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#### **STRs**

#### (Continued from page 1)

The original proposal had placed no limit on children under age 5, and a later version extended the allowance to children under age 12.

But the town council decided to strike that line of text and opt instead for a simpler way to determine the occupancy of a short-term vacation rental: to allow two people per bedroom plus two additional guests.

Councilman Paul Grossman said the "plus two" option would allow for vacation homes with bunk beds to accommodate additional guests.

A three-bedroom home, for example, could accommodate eight guests. The maximum occupancy for a short-term vacation rental is 10.

However, the final deciding factor in maximum occupancy, as noted in the ordinance, is the town's building code.

The building code requires a bedroom to be at least 70 square feet and provide at least 50 square feet of space per person, among other considerations.

Jeb Brady, Cape Charles' building code official, agreed with limiting the number of occupants regardless of age.

"If you didn't limit the amount of 12-year-olds (and) you've got a third-floor attic that they've converted into living space, they're going to pack as many beds up there as they can and put as many children up there as they can," he said.

If "we get a fire, it's a major problem, and I have major concerns that we want to keep our name out of the news," Brady

Grossman also introduced language that would allow a homeowner to apply for a conditional-use permit for a shortterm rental with an occupancy greater than 10.

The requirements include that "the property can accommodate sufficient off-street parking, the property meets any other safety requirements ... and the property does not exceed uniform building code or local building official limitations," he said.

Ashworth wondered aloud if these changes would create a "market opportunity" for building large, "Outer Banksstyle" homes with eight or nine bedrooms.

Councilman Andy Buchholz said that

would be difficult because of the limited "building envelope" sizes and the bedroom square-footage requirements.

"You can only build a 4,600-squarefoot house," he said.

Councilwoman Tammy Holloway added that the conditional-use permit process would prevent a "free-for-all."

She said building a larger home as Ashworth suggested would be possible in Bay Creek, but Town Manager John Hozey pointed out that the proposed ordinance will not impact Bay Creek, which will be addressed later.

Holloway, who owns and operates a bed-and-breakfast in town, said she advocated for permit requirements for shortterm vacation rentals before she became a council member.

"I brought this up in 2017, for us to have conditional-use permits for shortterm rentals, because I saw where the market was going," she said. "We agreed as a council that we weren't going to limit STRs. We were going to come up with guidelines, and I'm still in support of that."

Cape Charles will allow short-term vacation rental homes in most residential and commercial areas, as well as the harbor district. However, STRs are no longer allowed by right, or without a permit of any kind.

The Cape Charles Planning Commission will issue a zoning permit for a shortterm rental to any applicant who meets the requirements, which include obtaining a business license and passing a building inspection. The operator also must pay transient occupancy taxes.

Business licenses must be renewed and properties must be re-inspected annually.

Anyone who operates or wishes to operate a short-term vacation rental that accommodates more than 10 occupants must apply for a conditional-use permit.

The Cape Charles Town Council will hold a public hearing, consider input from town staff and residents, and vote to grant or deny the conditional-use permit.

STR operators can be denied zoning permits for reasons such as failing to pay business or property taxes, failing to respond to complaints as evidenced through town investigations, violating occupancy limits, or violating safety or building code requirements.

Operators of existing short-term rentals will have a one-year grace period to comply with the new regulations.



#### Northampton County Government December 2024 Upcoming Events

**December 3:** Planning Commission Work Session 3 PM

**December 4:** Parks Advisory Board Meeting 5 PM

**December 5:** Electoral Board Meeting 10:30 AM

**December 10:** Board of Supervisors Meeting 6 PM

**December 10:** Public Hearing AN ORDINANCE ENTITLED "NORTHAMPTON COUNTY SHORT TERM RENTAL REGISTRY" 6 PM

**December 12:** School Board Meeting 6 PM

**December 17:** Planning Commission Meeting 6 PM

**December 24:** Board of Supervisors Work Session CANCELLED

#### **Boards & Commissions**

- Board of Appeals for the Building Inspector
- Eastern Shore Community Services
  Board
- Parks & Recreation Advisory Board (District 3 Appointment)

#### **Job Openings**

#### EMS:

Emergency Medical Services
Provider

#### NCSO:

FT & PT Communications
Officer
Jail Deputy
Law Enforcement Officers

#### **County Administration:**

**County Attorney** 

#### PP&E:

**Building Inspector** 

Northampton County administrative offices will be closed Tuesday, December 24 & Wednesday, December 25, 2024 for the Winter Holiday

#### **Parks & Recreation**

Youth Basketball Begins Saturday, December 14

#### **Landfill Winter Hours**

Winter Hours
Monday-Friday:
8:00AM-3:30PM
Saturday: 8:00AM-12:00PM
Winter Hours are effective
November - February
each year

The Waste Collection Centers & landfill will be closed December 25, Christmas Day

2024 Tax Bills are due
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#### **EDITORIAL**

#### **Eastern Shore Post**

#### Eastern Share Post

Founded in 1999
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SERVING VIRGINIA'S EASTERN SHORE

#### THE PAPER'S POSITION

# Since the early 1900s, 4-H has been benefit for students

Since the early 1900s, Virginia 4-H has been committed to shaping minds, cultivating leadership skills, and encouraging community engagement among the state's youth.

"4-H uses experiential learning to help young people be better citizens and better individuals in the working world," said Chad Proudfoot, Virginia 4-H organizational specialist at Virginia Tech. "All of the programming revolves around forming areas of agriculture, civic engagement, healthy living, and STEM education. We want youth to become wonderful and positive adults."

The national 4-H movement dates to the late 1800s. It began as corn clubs where farm boys competed to grow high-quality crops using science and experimented with new methods to improve them, while encouraging personal achievement.

In 1908, Virginia Cooperative Extension formed the state's first corn club in Dinwiddie County. The following year, clubs opened for rural girls to learn home economics like food preservation and gardening. In the 1910s, states in the segregated South began clubs for rural African Americans and minorities before integration in 1964.

While early 4-H programming focused on agriculture and homemaking skills for rural youth, the organization evolved between the 1980s and early 2000s to incorporate new subjects like STEM, civic engagement, and the arts.

Today, Virginia's 95 counties and most independent cities have 4-H clubs, offering a diverse range of programs for roughly 160,000 members.

"It's known as four-fold youth development," Proudfoot explained. "If you have programming set up to engage youth to use their heads, hearts, hands, and health together, that will help get them started on a good path in life."

— Virginia Farm Bureau

#### CORRECTIONS AND CLARIFICATIONS

The Eastern Shore Post strives for accuracy. Corrections and clarifications will be printed in this space. Email editor@easternshorepost.com.

#### **LETTERS**

# In Onancock, a time for giving

To the editor:

For many, the true spirit of the Christmas holidays comes from the joy of giving to those in need.

During this holiday season, each Onancock Business and Civic Association holiday event will bring an opportunity to do just that.

As OBCA celebrates "The Season of Giving" with its annual Christmas in Onancock festivities, we are pleased to help those in need on the Shore by partnering with the Accomack County Sheriff Toy Drive and the Food Bank of Southeastern Virginia.

Toys and food will be collected throughout the month during all Christmas in Onancock events.

Please consider bringing nonperishable foods and unwrapped toys to the events or drop-off locations. Your generosity will be greatly appreciated.

We hope you will join us in Onancock for holiday events for residents and visitors of all ages.

#### Guest columns and letters

The Eastern Shore Post welcomes your letters and guest columns. Letters have no more than 350 words. Guest columns have no more than 500 words.

Letters and columns must include a phone number and a town of residence for verification.

They must not have been

submitted to or published by any other media.

Letters and guest columns may be edited.

It is preferred that letters and guest columns refer to Eastern Shore Post content or Eastern Shore of Virginia issues.

No more than one letter or column per person will be printed during a 90-day period.

The celebration starts Friday, Dec. 6, with the spectacular Lights on the Lawn at Ker Place. Mrs. Claus will be there.

Santa arrives by boat on the morning of Saturday, Dec. 14. The Christmas Homes Tour features five stunning homes and several bonus locations that afternoon.

Beloved holiday movies, concerts, children's plays, and the Artisans Market all serve to make Christmas in Onancock so endearing and lead up to the Christmas parade on Sunday, Dec. 15, at 5 p.m.

More details on events and drop-off locations can be found at <a href="https://www.Onancock.org">www.Onancock.org</a>

On behalf of OBCA, we hope to see all of you in Onancock and wish you and your family a wonderful holiday season.

> Jeff Vernimb Onancock Civic and Business Association

#### Eastern Share Post

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#### **IN MEMORIAM**

Troy Justis | Jan. 11, 1964 — July 18, 2024 Eastern Shore Post, 1999-2024

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NANCY DRURY DUNCAN

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# Treat the flashbacks to treat the opiate addiction

#### BY DR. JOHN L. BULETTE

**Guest columnist** 

"Doc, right this minute, I can see that car heading toward me. I can hear the explosion when it hits," a patient once told me.

I was starting to treat the patient — I will call him "R" — for a mixed addiction, including opiates.

Twenty-three years before he came to my office, he was married and the father of two young daughters.

He had a good job, was a bodybuilder, was proud of his good health and the careful diet that maintained his weight, and was proud to be a good family provider.

In an early session, after a two-minute silence, "R" began to describe what was on his mind.

He continued the above quote by saying, "I can hear the windshield smashing, I can feel the glass on my chest, I can hear my wife saying, 'I think I am going to die,' and right now, I can smell the antifreeze and gasoline that were released when we were hit."

"R" said all this without feeling. He was reporting an experience that was stored in his memory for 23 years but experiencing it as if it just happened — a flashback.

Through the years, he said he tried very hard not to think about the accident. When this failed, he had a panic attack.

"R" lived with the threat of flashbacks like this intruding into his daily life for years. But that is not all. After the accident, his life was forever changed.

He was seriously injured in the accident. Luckily his wife and daughter were spared. He had back surgery, then was prescribed opiates after the operation.

At the appropriate interval the opiates were withdrawn. At the time, "R" was unaware he was addicted. It led to an immediate withdrawal that was disorganizing to him.

He found that resuming the use of opiates alleviated the withdrawal symptoms, and that the only way he could keep the withdrawal at bay was to keep using. This pattern of daily use of potent opiates took place over the next decade. While in this impaired state, he lost his job, his wife divorced him, and his health deteriorated, as did his relationship with his children.

"R" ended up on disability, living alone, and was socially isolated when he presented in my office.

#### Opiate addiction

I'm sharing this story to put a human face on the lessons I have learned in 30 years of treating individuals addicted to opiates. Few people who come into contact with opiate users have the time or support to get to know them well.

I was fortunate to have the time and interest to get to know many of them in amazing detail. That experience is the basis of this report.

At the time I started this work, there was a national "war on drugs."

I wondered at the time if the problem was the drugs. Why do millions of people who receive opiates post-operatively in hospitals never become addicted, except a very, very few?

It suggested those very few had some factor or factors that made them vulnerable to the central effect of opiates.

It seemed likely that others who took a different path to addiction might have similar vulnerabilities.

Any drug experimenter's response to opiates is mixed, some call it a "high," others describe the experience negatively. Perhaps this posited vulnerability explains the difference. For the moment there is not a consensus as to why these differences exist, which may be a reason there is no consensus about what causes addiction.

The last time I searched Google for causes of opiate addiction, there were 18 different ideas expressed.

Without a known cause, treatment is problematic and uncertain.

The many thousands who die each year of opiate-related causes attests to this fact.

#### Withdrawal symptoms

The many individuals addicted to

opiates I have come to know over time and in considerable depth have educated me as to the effects of opiates on mental function.

When people take an opiate, it impairs their ability to feel feelings.

Because memories are stored with feelings, memory is also impaired.

Opiates do not erase feelings or memories that are blocked as long as there is an opiate blood level present.

If the blood level drops, both begin to return but not always in an organized form.

The memory impairment bolsters the idea that we only remember what we have feelings about.

If the user maintains an opiate blood level every day, the blockade remains.

If the blood level drops, the blockade lessens, permitting the return of the suppressed memories and feelings.

This return is the start of withdrawal. Withdrawal is a somewhat gradual process starting with a tired feeling, yawning, anxiety, nausea, headache, and watery eyes.

If the blood level continues to drop, the symptoms increase to include abdominal cramps, vomiting, and diarrhea, and the latter two are often protracted.

Historically, withdrawal has been characterized as solely a somatic event, involving just the body.

What has usually been overlooked is that this entire upheaval has been triggered by the blocked feelings emerging from memory.

Our understanding that feelings start out in our body comes from observations of infants. They are born with feelings that start out in their bodies as some kind of discomfort.

The changes in our bodies when fear or anger are present are clear evidence that the somatic origin of feelings persists.

The withdrawal symptoms are not in the user's control. Being out of control can be a terrifying experience — some liken it to a nervous breakdown.

Users quickly discover that resuming using opiates stops the withdrawal.

Fear of withdrawal is a common rea-

son given for continuing the addiction even though the user desperately wants to stop.

Additional evidence that feelings play a major role in addiction comes from reports from users who say they use opiates to keep from feeling "bad," and that use of opiates results in a "high."

Calling a feeling bad indicates it does not have a name and can become an emotional threat.

#### Memory suffering

The emergence of post-traumatic stress disorder, a disorder of memory, has revealed that the contents of memory can be a source of suffering.

This phenomenon was first reported by Vietnam War veterans who described combat flashbacks in excruciating detail. Flashbacks are memories without words. When life-threatening events occur there are no words — for most, it's sheer terror.

They are described as a reliving experience, akin to a panic attack. No one wants to talk about such an experience and relive the terror.

The panic state may not consciously be associated with the precipitating memory, causing some to feel they are out of control, in danger of losing their mind, or having a nervous breakdown.

Since the 1960s and 1970s, research has shown that any life-threatening experience has the potential to cause the symptoms of PTSD.

Auto accidents, acts of nature, assaults, rape, and all manner of child abuse and neglect can be a cause.

To be more precise, it's the memory of these events that is the cause of the suffering.

Opiates, with their memory-blunting effect, provide relief as long as there is a blood level. Without a blood level the flashbacks return.

#### Recovery

The bulk of the information about the effect of opiates on mental function

(Continued on page 12)

## Bill would help wildlife species facing extinction risk

#### BY BRENDA POIST

Special to the Eastern Shore Post

There is a bill pending in Congress, once again, to help the recovery of threatened species in the United States. This bill is a relative unicorn in that it has had bipartisan support over the years.

Why do we need this bill? The bill is SB1149 and it will enable states to take action to protect agricultural resources by securing biodiversity.

Overall, one-third of America's wildlife species face an extinction risk and all categories of wildlife are declining.

In all, 1,600 species are listed under the Endangered Species Act and 150 species have already gone extinct.

To break it down a little, a third

of all bird species need urgent conservation.

More than 40% of freshwater fish are at risk, 42% of amphibians are threatened or declining, and 70% of all butterflies are declining in number.

One fourth of all North American bumblebees are facing extinction risk, 18% of bat species are at risk of extinction, and another 13% are potentially at risk.

Lastly, 33% of plant species are at risk of extinction with only 11% protected by the Endangered Species Act.

The loss of biodiversity in America will lead to less-productive ecosystems and food webs, and inevitably there will be a crash.

This is a risk to not only the species themselves but to our agricul-

tural sector and food security.

In the Lacey Act of 1900, it was prohibited to commercially hunt and trade certain animals and plants. This was the beginning of the legislation created to protect life besides our own.

The Migratory Bird Treaty Act of 1918 made it illegal to pursue, take, transport, or hunt birds migrating between the United States and Canada.

In 1940, The Bald and Golden Eagle Protection Act strengthened the protection of those species.

In 1973, the Endangered Species Act was established to protect vulnerable species and thus biodiversity.

So, what is this bill? The bill will provide state and territorial wildlife agencies with funds annually to im-

plement federally approved Wildlife Action Plans.

The bill also invests funds in the conservation efforts being led by tribal nations.

The bill is co-sponsored by 19 of our representatives — 10 Republican, seven Democrats, and two independents. We have no Virginia support for these efforts currently.

So what should you do? Please be aware of bills and environmental concerns as they pass through the powers that be.

If you feel inclined, there are petitions online to sign and public sponsors to address.

Please let the "Sixth Great Extinction" be something never seen in history books.

■ The writer lives in Accomac.

#### **Opiates**

(Continued from page 11)

has been obtained from opiate users who are addicted.

It has informed the program I developed to create an intervention to enable users to end up drug free.

The program goes under the heading of medical assisted treatment. Buprenorphine is the medication used. It is referred to as a partial opiate in that it is thought to fill a reduced number of opiate receptor sites in the brain.

Clinically, it blocks withdrawal and most cravings. It does not induce euphoria, enabling users to participate in the psycho-educational recovery program as well as to function in work, social, and relationship settings.

People seeking help with an opiate addiction are asked to fill out a screening and history form and are given a detailed description of the recovery program.

It describes opiate use as a very self-destructive process.

Since no one is born self-destructive, the essence of the program is to

discover what experience or experiences, now stored in memory, play a role in fostering self-destructive behavior.

Since most users know or know of people who have died from opiate use and are aware of the media coverage, this is not foreign news.

Also, a careful history will reveal that opiate use is not the only way users are self-destructive. They usually smoke, ignore their physical and dental health, drive while using, and their work and relationships suffer.

The reason that self-destructiveness is emphasized up front is because the goal of the program is to discover the cause of the self harm.

Recovery takes place in a therapeutic relationship, one of mutual respect, that is nonjudgmental, and one of evolving trust.

The psycho-educational process occurs in half-hour, monthly sessions that initially emphasize increasing self-awareness. This is accomplished by encouraging the users to listen to their inner dialogue.

Everyone talks to themselves; it's the way our brains are wired. Individuals are also encouraged to listen to the sound of their voice; both are conveying emotional signals (feelings).

Our feelings, if we are fortunate enough to learn about them, name them, and have words for them, are there to guide us about what is in our best interest and what is not.

Feelings also have to do with conscience — no feelings, no conscience.

Many users have reported that while using they were faced with activities that they knew were harmful or illegal but just didn't care about consequences — again, no feelings, no conscience.

The change from potent opiates to the far-less-potent buprenorphine permits a limited reconnection to their feelings and conscience.

By developing the ability to pay attention to emotional signaling and having words for the feelings, individuals are prepared for the next step in recovery.

Our recovering individual is encouraged to lengthen the interval between doses of the buprenorphine.

The lower opiate blood level also lowers the memory blockade, permitting a bit of what has been repressed to emerge, meaning memories with their feelings, sadness, happiness, angriness, curiosity, guilt, and more.

Now with words, feelings can be identified and incorporated into a new self-regulating structure, one not so linked to bodily arousal.

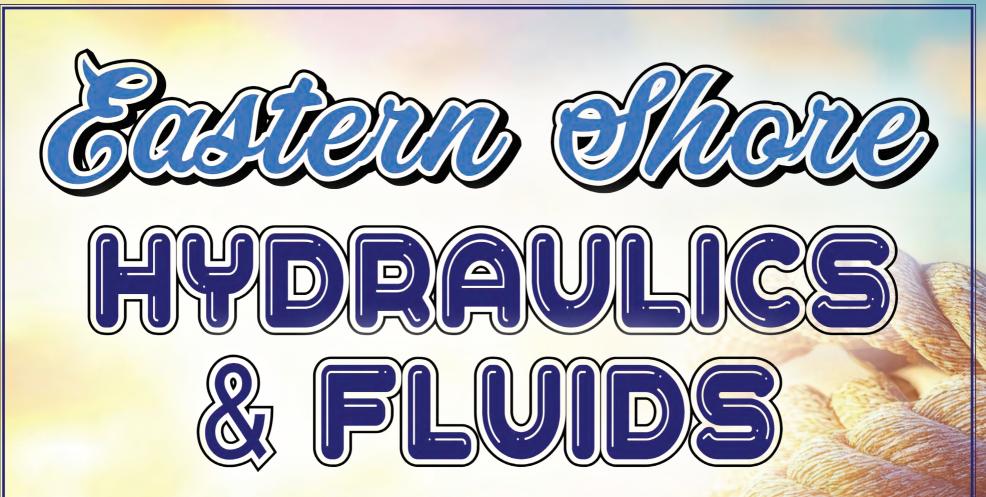
This very gradual lowering of the opiate blood level lets the person, who is now paying attention, know the effect of opiates on their mental function. More specifically, they realize what they have been hiding from themselves through opiate use.

If the user gradually continues to lower the dose, thus lowering the blood level, he or she has more and more access to contents of memory with the associated feelings.

The end point is reached when recovering individuals are comfortable with everything in memory; they have words for their feelings, and they can see clearly in their mind (memory) the source of their self-destructiveness.

When in this state of mind, there is no need for opiates; the previous addicts have, in fact, cured themselves.

■ The writer is a Nassawadox psychiatrist.



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#### **ENTERTAINMENT**

#### Eastern Shore Post

#### Friday, November 29

- SCIENCE ACTIVITY: 10 a.m. to 1 p.m., NASA Wallops Visitors Center, Chincoteague. Learn all about black holes on Black Hole Friday through science demonstrations and celestial activities.
- ARTISANS TOUR: 10 a.m. to 5 p.m., visit local landmarks and artists' studios during the 21st Annual Artisans Guild Studio Tour. For information about tour stops and artists visit

#### www.esvaartisansguild.org

- CLAM AND OYSTER SALE: noon to 6 p.m., Cape Charles Museum, Cape Charles. The Cape Charles Historical Society is hosting a clam and oyster sale. Bags of 50 salty bayside oysters will be \$25 and bags of 100 little neck clams will be \$25. Cash or check only at pick up.
- HOLIDAY MOVIE: 3 p.m., Historic Palace Theater, Cape Charles. Watch Polar Express for free.
- FESTIVE FRIDAYS: 5 to 8 p.m., downtown Cape Charles, entertainment, shopping, restaurant specials, performances, and experiences to celebrate the holiday season. Visit Santa and Mrs. Claus in Strawberry Street Plaza or watch Home Alone for free at the Historic Palace Theater at 8 p.m.
- LIVE MUSIC: 6 p.m., The Onancock Taphouse, Onancock. The Fil Rhythm Band performs live during the OT's Friendsgiving celebration.
- LIVE MUSIC: 6:30 to 8:30 p.m., Lemon Tree Gallery, 301 Mason Ave., Cape Charles. The Doorway Singers perform live. Cash bar available.

#### Saturday. November 30

■ BREAKFAST: 8 to 9:30 a.m., VFW Post 2296, 31502 Daughtery Road, Accomac. Enjoy a hearty breakfast of pancakes, scrambled eggs, bacon, sausage, scrapple,

#### **Best bets**

- Friday and Saturday, Nov. 29 and 30, from 10 a.m. to 5 p.m. the annual Eastern Shore of Virginia Artisans Guild Tour will give attendees a peek inside artisans' studios and great opportunities for local shopping. For a map and a complete list of stops visit <a href="https://www.esvaartisansguild.org">www.esvaartisansguild.org</a>
- Monday, Dec. 2, at 7 p.m. the 52nd annual Pocomoke Christmas Parade returns. Marching bands, fire companies, and performers will help ring in the holidays in downtown Pocomoke City and Santa himself will put in an appearance.

sausage gravy and biscuits, donuts, and beverages. A minimum \$10 donation is requested.

- TREE AND WREATH SALE: 9 to 11 a.m., Montessori Children's House of Franktown, 7551 Bayside Road, Franktown. Purchase Christmas trees, wreaths, and roping for holiday decor. All proceeds benefit the school's scholarship fund. Those interested must purchase in advance with pickup on the 30th. Visit <a href="https://tinyurl.com/ykyhhpiz">https://tinyurl.com/ykyhhpiz</a> for an order form. For an additional fee orders can be delivered.
- HOLIDAY MARKET: 9 a.m. to 1 p.m., Chincoteague Cultural Alliance, 6309 Church St., Chincoteague. Holly Day Market featuring local artisans and food vendors.
- HOLIDAY MARKET: 10 a.m. to 3 p.m., Cape Charles Volunteer Fire Company, Cape Charles. Shop for holiday gifts with local vendors and small businesses at the Cape Charles Volunteer Fire Company Holiday Market.
- ARTISANS TOUR: 10 a.m. to 5 p.m., re-

gional, visit local landmarks and artists studios during the 21st Annual Artisans Guild Studio Tour. For information about tour stops and artists visit

#### www.esvaartisansguild.org

- STORY TIME: 10:30 a.m., Eastern Shore of Virginia Regional Library in Parksley. Kids can hear a story and engage in play literacy. This activity is geared towards kids 5 and under
- LUNCH: 11 a.m. to 2 p.m., Eastern Shore's Own Art Center, Belle Haven. Enjoy warm, homemade soup in a handmade bowl and browse items made by local artists.
- GINGERBREAD HOUSE MAKING: 2 to 4 p.m., Drummondtown Community Church, 23457 Drummondtown Road, Accomac. Visit a winter wonderland at Drummondtown Community Church. There will be Christmas music, snacks, prizes, and gingerbread house decorating.
- TREE LIGHTING: 5 p.m., Robert Reed Downtown Park, Chincoteague. Kick off the holiday season with a tree lighting, holiday music, a performace by the Chincoteague Po-

ny Drill Team, face painting, and an appearance by Santa. Bring a new, unwrapped toy for the Accomack County Sheriff's Department Stuff the Car toy drive.

- CHRISTMAS CONCERT: 5 p.m., Full Gospel Church, 22340 Bayview Circle, Cape Charles. The Dynamic Promiseland Quartet performs live.
- LIVE MUSIC: 6 to 9 p.m., The Blarney Stone Pub, Onancock. Margot and Valerie perform live.
- LIVE MUSIC: 7 p.m., Par 4 Bar and Grill, 9480 Lankford Highway, Temperanceville. The Good Times R&B Band goes on at 7 p.m., followed by DJ Skills from 11 p.m. to close. Tickets are \$20. For tickets visit <a href="https://tinyurl.com/35y2f8bc">https://tinyurl.com/35y2f8bc</a>

#### Sunday, December 1

- CHRISTMAS CONCERT: 4 p.m., Cheriton Town Park, Cheriton. This free concert will feature the voices of local groups, as well as the audience. There will also be a tree lighting, pictures with Santa, and refreshments. Handicap parking will be available in the town parking lot by the stage. For more information call 757-331-8200 or email clerk@townofcheriton.org
- SPECIAL SERVICE: 4 p.m., Christ Church, 16304 Courthouse Road, Eastville. An organ recital will be followed by a service of scripture and music. A reception will follow at the Parish House.
- CHRISTMAS EVENT: 4 to 5:30 p.m., Debtor's Prison, Courthouse Ave., Accomac. Get in the Christmas spirit with music from the Accomack Community Band, caroling, treats, and visits with Santa.
- LIVE NATIVITY: 6 to 8 p.m., Drummondtown Baptist Church, 23474 Front St., Accomac. Visit the live nativity and

(Continued on page 15)

#### Be included

The Eastern Shore Post wants your listings for live music, theatrical performances, carnivals, special events, and anything else that is just plain fun. Send to

editor@easternshorepost.com

#### ■ ALCOHOLICS ANONYMOUS: For meetings in Accomack and Northampton, visit <u>www.aaeasternshoreva.org</u> or call 757-350-0466.

■ AL-ANON: For more on Al-Anon, a group of relatives and friends of alcoholics. visit www. vaalanon.org/districts/district-7-eastern-shore

#### ■ OVEREATERS ANONYMOUS: Group meets every Wednesday at Rock Church, 27112 Lankford Highway, Onley. Call 757-999-6771.

**Important standing meetings and emergency numbers for the Eastern Shore** 

■ COALITION AGAINST DOMESTIC VIOLENCE: All-day, every-day hotline for those impacted by domestic violence or sexual assault: 757-787-1329. ■ SUICIDE HOTLINE: If you are having thoughts of suicide or know someone at risk, call 988. Call the local 24-hour hotline at at 757-442-7707 or 800-764-4460.

(Continued from page 14)

then enjoy refreshments and music in the sanctuary.

#### **Monday, December 2**

- BINGO: Doors open at 5 p.m., first game at 7 p.m., Onancock Elks Lodge, 22454 Front St., Accomac. Info: 757-787-7750.
- CHRISTMAS PARADE: 7 p.m., Market Street, Pocomoke City. Watch Santa, marching bands, fire trucks, and many other performers parade through Pocomoke at this festive event.

#### **Tuesday, December 3**

- STORY TIME: 10:30 a.m., Cape Charles Memorial Library, Cape Charles. Enjoy stories and activities geared towards kids ages 4 and under.
- LIVE MUSIC: 6 to 10 p.m., Par 4 Bar and Grill, 9480 Lankford Highway, Temperanceville. The Irie Tree band performs live.

#### Wednesday, December 4

- WEIGHT LOSS SUPPORT: 10 a.m. weigh in, 10:30 a.m. meeting start, Market Street Methodist Church Hall. Take Off Pounds Sensibly meeting. For more information call 757-710-2075.
- BIBLE STUDY: 11:30 a.m., Belle Haven United Methodist Church, 35446 Belle Haven Road, Belle Haven. Bring a lunch and listen as Reverend Kendra Powell teaches from Haggai. Drinks and desserts will be provided.
- PANCAKE SUPPER: 4:30 to 7:30 p.m., Bill's Prime, Chincoteague. Enjoy breakfast for dinner at the annual pancake supper benefiting Kiwanis Club of Chincoteague for a \$15 donation.

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with Bill Sterling Now \$15. Available at: The Book Bin. Rayfield's Pharmacies, **Sundial Book Store** or from the author at P.O. Box 145, Craddockville, VA. 23341 billsterling 10@gmail.com

- HAPPY HOUR: 5 to 7 p.m. Wine Wednesday at Historic Onancock School, 6 College Avenue, Onancock. Wine, art, and shopping.
- TEEN DUNGEONS AND DRAGONS: 5:15 p.m., Cape Charles Memorial Library, Cape Charles. Kids ages 12 to 17 can join staff and volunteers for adventure.
- BINGO: Doors open at 6 p.m., first game 7:30 p.m., Painter Volunteer Fire Co., 17116 Wayside Drive, Painter.
- LADIES NIGHT: 8 p.m., Teaguer's Pub and Restaurant, Ladies Night the Show, 21 and up event. For tickets visit www.eventbrite.com/e/977193250317

#### Thursday, December 5

- BREAKFAST: 8:30 a.m., Off the Rails, Parksley. The ESVA Chamber hosts Eggs and Issues, a forum for elected officials to discuss local and state issues. Breakfast will be served. Tickets are \$22. Call 757-787-2460 to reserve a seat.
- EXERCISE PROGRAM: 10 a.m., Powelton Presbyterian Church, Wachapreague, low-impact exercises for seniors.
- STORY TIME: 10 a.m., Chincoteague Island Library, Chincoteague. Tales 4 Tots story time with stories, stretching, songs, a take-home craft, and snacks.
- HOLIDAY OPEN HOUSE: 3 to 7 p.m., Brownsville Preserve, 11369 Brownsville Road, Nassawadox. The Nature Conservancy of Virginia is once again hosting its annual Holiday Open House. Tour the historic Brownsville home then sit by the fire with apple cider and homemade treats.
- HOLIDAY FAIR: 5 to 7:30 p.m., New Ravenna, 3268 Broad St., Exmore. Shop for holiday gifts and locally made items at New Ravenna's Holiday Faire.
- HOLIDAY EVENT: 5 to 8 p.m., Downtown Exmore. Visit Santa, enjoy the lighted Christmas tree and refreshments on the

plaza, and enjoy extended hours in festively decorated shops. ■ ROMANCE BOOK CLUB: 5:30 p.m.,

- Eastern Shore of Virginia Regional Library in Parksley. Enjoy tea, cookies and discussion about Camilla Isley's "This is NOT a Holiday Romance."
- SIP AND SHOP: 6 to 8 p.m., Comfort Suites Conference Room, Chincoteague. Shop with local vendors and enjoy nibbles and sangria.
- MOVIE: 7 p.m., movie night at Powelton Presbyterian Church, Wachapeague. This month's movie is "I Heard the Bells."

#### Friday, December 6

- CHRISTMAS DISPLAY: 11 a.m. to 7 p.m., Museum of Chincoteague Island, Chincoteague. Visit Christmas Tree Village, a beautiful display of decorated Christmas trees. Stop by at 5 p.m. for Christmas carols or visit with Santa between 5 and 7 p.m.
- DONATION NIGHT: 4 to 8 p.m., The Island House Restaurant, 17 Atlantic Ave., Wachapreague. Make a reservation for donation night and 10% of the check will be donated to Camp Occohannock for its Polar Duck Dip. Call 757-787-4242 for

reservations.

- OPEN HOUSE: 4:30 to 6:30 p.m., Cape Charles Museum, Cape Charles. Enjoy special treats like baklava and hot cider at this holiday open house. There will also be a raffle and Neville Bros. clam chowder for sale.
- BENEFIT DINNER: 5 to 7 p.m., Great Pocomoke Fair, 2037 Broad St. Cheesesteak sub meal, \$10; chicken tender meal, \$8. Call 410-422-9195 to place a pickup order.
- CHRISTMAS EVENT: 5 to 7 p.m., Parksley Pavilion, Downtown Parksley. Parksley's Old Fashioned Christmas will feature visits with Santa at the Eastern Shore Railway Museum, kid's crafts, a white elephant sale, vendors, cider, cocoa, cookies, popcorn, s'mores, hayrides, carolers, and more.
- PIZZA FUNDRAISER: 5 to 8 p.m., drive-through pizza fundraiser at New Church Fire and Rescue, New Church. Pepperoni, sausage, or bacon 16-inch pizzas for \$14, or combination pizzas for \$15.
- FESTIVE FRIDAYS: 5 to 8 p.m., downtown Cape Charles, entertainment, shopping, restaurant specials, performances, and experiences to celebrate the holiday season. The Cape Charles Library will be hosting a

(Continued on page 16)



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#### (Continued from page 15)

cash-only bake sale from 5 to 8 p.m. See National Lampoon's Christmas Vacation for free at the Historic Palace Theater at 8 p.m.

- DRIVE-IN MOVIE: 6 p.m., parking opens, 7 p.m. movie starts, Newtown Park, Pocomoke City. Watch "The Nightmare Before Christmas" for free during Movies Under the Stars. The first 20 cars to park will get a free bag of kettle corn.
- BINGO: 6 p.m. doors open, games starts 7 p.m., Chincoteague Volunteer Fire Company, Chincoteague. The cost is \$25 and includes all games, including the \$500 blackout game at the end. Extra cards will be available for purchase. Food and drink will also be available for purchase.
- SANTA'S SUPPER: 6 p.m., The Great Pocomoke Fair, 2037 Broad St., Pocomoke City. Eat supper with Santa and The Grinch. Their grand entrance will be at 6:30 p.m. There will be photos with Santa, a bake sale, a sub sale, and Christmas crafts. Participants can bring new, unwrapped toys to be donated to children affected by Hurricane Helene.
- TREE LIGHTING: 6 p.m., Ker Place, Onancock. Light up the holidays with the annual lighting of 30 Christmas trees on the lawn at Ker Place.
- LIVE NATIVITY: 6 to 8 p.m., Onley Baptist Church, 25501 W. Main St., Onley. View the live nativity and then enjoy refreshments in the fellowship hall or watch a screening of "The Shepherd."
- CLOTHING GIVEAWAY: 6 to 8 p.m., Cheriton Baptist Church Fellowship Hall, 21291 N. Bayside Road, Cheriton. All are welcome to grab any clothing needed during the giveaway. There are clothes for all genders and sizes.
- LIVE MUSIC: 6:30 to 8:30 p.m., Lemon Tree Gallery, 301 Mason Ave., Cape Charles. The Sonic Ukes perform live. Cash bar available.
- HOLIDAY MUSIC: 7:30 p.m., North Street Playhouse, Onancock. The Eastern Shore Madrigal Singers perform their holiday program. Tickets are \$10 for students and \$25 for adults. For more information visit <a href="https://northstreetplayhouse.org">https://northstreetplayhouse.org</a>

#### Saturday, December 7

■ TOY RUN: 9 to 11 a.m. registration, Walmart, Onley. The Chincoteague Police Department's annual Toy Run will begin

- at Walmart in Onley and riders will end at Capt. Zach's Seafood on Chincoteague. The registration fee is one new, unwrapped toy per rider.
- HOMES TOUR: 10 a.m., Bay Creek Life Center, Holiday Homes Tour with vendors, refreshments, and tours of homes.
- HOLIDAY PARTY: 10 a.m. to noon, Mary N. Smith Cultural Enrichment Center, Accomac. Kids 12 and under accompanied by an adult can enjoy arts and crafts, goodies, and photos with Santa.
- SANTA VISIT: 10 a.m. to noon, Eastern Shore of Virginia Regional Library in Parksley. Santa and his elves will visit the children's room at the library. There will be age-appropriate books for all kids under 12 and candy canes for everyone.
- CLOTHING GIVEAWAY: 10 a.m. to 4 p.m., Cheriton Baptist Church Fellowship Hall, 21291 N. Bayside Road, Cheriton. All are welcome to grab any clothing needed during the giveaway. There are clothes for all genders and sizes.
- CHRISTMAS BAZAAR: 10 a.m. to 6 p.m., The Village Mall, Chincoteague. Get a jump on holiday shopping at the Village Mall Christmas Bazaar. Shops will be open throughout the mall, there will be refreshments, music by DJ Mikey B, face painting, photos with Santa, and chair massages.
- SANTA PHOTOS: 11 a.m. to 1 p.m., Bloxom Volunteer Fire Company, Bloxom. During Christmas with Santa kids can get their picture taken with Santa and deliver their Santa letters. There will also be hot dogs, cookies, and drinks.
- HOLIDAY HOMES TOUR: 11 a.m. to 4 p.m., Chincoteague Island. Tour 15 beautifully decorated homes. Tickets are \$20 and all proceeds benefit Manna Café. Visit <a href="https://tinyurl.com/488jcta7">https://tinyurl.com/488jcta7</a> for tickets.
- CHRISTMAS MARKET: 2 to 6 p.m., Vaux Hall Farms, 27698 Bobtown Road, Melfa. Visit with Santa and Mrs. Claus and browse vendors during this holiday market.
- GRAND ILLUMINATION: 5:30 to 7:30 p.m., Central Park, Cape Charles. The Grand Illumination will include a lighted golf cart parade, music, and a special visit with Santa.
- CHRISTMAS PARADE: 6 p.m., Main Street, Chincoteague. Chincoteague's Old Fashioned Christmas Parade returns for the 44th year. This year's theme is "Out of This World Christmas."
- HOLIDAY MUSIC: 7:30 p.m., North Street Playhouse, Onancock. The Eastern Shore Madrigal Singers perform their holiday program. Tickets are \$10 for students

and \$25 for adults. For more information visit <a href="https://northstreetplayhouse.org">https://northstreetplayhouse.org</a>

#### **Sunday, December 8**

- SIP AND SHOP: 1 to 4 p.m., American Legion Post 56, 21210 N. Bayside Road, Cheriton. Make holiday shopping easy at 4th annual Holiday Sip and Shop. Food and drinks will be available for purchase. There will also be a 50/50 raffle.
- DANCE SHOWCASE: 2 p.m., Historic Palace Theater, Cape Charles. Get in the holiday spirit at the Merry Movement dance student showcase. The suggested donation for the performance is \$10.
- HOLIDAY MUSIC: 2:30 p.m., North Street Playhouse, Onancock. The Eastern Shore Madrigal Singers perform their holiday program. Tickets are \$10 for students and \$25 for adults. For more information visit <a href="https://northstreetplayhouse.org">https://northstreetplayhouse.org</a>
- LIVE MUSIC: 5 p.m., Historic Palace Theater, Cape Charles. Shore Singers performs its holiday concert.
- CHRISTMAS MUSIC: 6:30 p.m., Exmore Baptist Church, Exmore. Rod Propes performs live.

#### **Monday, December 9**

- BINGO: Doors open at 5 p.m., first game at 7 p.m., Onancock Elks Lodge, 22454 Front St., Accomac. Info: 757-787-7750.
- ART CLASS: 6 to 8 p.m., Island Community House, 6246 Mumford St., Chincoteague. Learn about eco-printing at this botanical printing class. Experiment with steaming patterns onto silk scarves or pounding botanicals into paper. All materials are provided. The cost is \$60. Visit <a href="https://tinyurl.com/yv7vmw2y">https://tinyurl.com/yv7vmw2y</a> to reserve a seat.

#### **Tuesday. December 10**

- VETERANS BREAKFAST: 8:30 to 10 a.m., there will be a Veterans Café serving a free breakfast to all veterans and active military at American Legion Post 159, 4023 Main St., Chincoteague.
- STORY TIME: 10:30 a.m., Cape Charles Memorial Library, Cape Charles. Enjoy stories and activities geared towards kids ages 4 and under.
- CRAFTS: 1 to 3 p.m., Powelton Presbyterian Church, Wachapreague. Join the Hooks and Needles Craft Group with your favorite craft for a little social creative time.
- LIVE MUSIC: 6 to 10 p.m., Par 4 Bar and Grill, 9480 Lankford Highway, Temperanceville. The Irie Tree band performs live.
- HEALING CIRCLE: 6:30 p.m., Blissed,

6743-1 Maddox Blvd., Chincoteague. The healing circle is a nurturing space to connect, relax and support others on the journey towards stress relief. Bring a beach chair. Registration required. To register email blissed@linked2carellc.com or text 757-957-9835.

#### Wednesday, December 11

- WEIGHT LOSS SUPPORT: 10 a.m. weigh in, 10:30 a.m. meeting start, Market Street Methodist Church Hall. Take Off Pounds Sensibly meeting. For more information call 757-710-2075.
- BIBLE STUDY: 11:30 a.m., Craddock-ville United Methodist Church, 33464 Boston Road, Painter. Bring a lunch and listen as Reverend Annette Austin will teach from Jeremiah. Drinks and desserts will be provided.
- BINGO: Doors open at 6 p.m., first game 7:30 p.m., Painter Volunteer Fire Co., 17116 Wayside Drive, Painter.
- BUSINESS AFTER HOURS: 6 p.m., Chincoteague Fire House, 5052 Deep Hole Road, Chincoteague. The Chincoteague Chamber of Commerce and the fire department are gathering local leaders and business owners to brainstorm a community-wide celebration for the 100th anniversary of Pony Penning. Light refreshments will be served. RSVP by Dec. 6 by emailing events@chincoteaguechamber.com or calling 757-336-6161.

#### **Thursday. December 12**

- EXERCISE PROGRAM: 10 a.m., Powelton Presbyterian Church, Wachapreague, low-impact exercises for seniors.
- STORY TIME: 10 a.m., Chincoteague Island Library, Chincoteague. Tales 4 Tots story time with stories, stretching, songs, a take-home craft and snacks.
- BOOK CLUB: 11 a.m., Chincoteague Island Library, Chincoteague. Nancy's Thursday Book Club meets monthly. All are invited.
- HOLIDAY LIGHTS: 5:30 p.m., Riverside Shore Memorial Hospital, Onley. Watch as Riverside's Festival of Lights kicks off under the carport at the hospital when the lights go on.
- MOVIE: 7 p.m., Roseland Theater, Onancock. Grown-ups can enjoy a holiday movie just for them with a screening of the French film "Joyeux Noel."

#### Friday, December 13

■ BALLET: 7 to 9 p.m., Nandua High

(Continued on page 17)

(Continued from page 16)

School, Onley. ESO presents "The Nutcracker Swings." Enjoy this holiday classic with a swing twist. Tickets are \$30 for reserved seats, \$25 for general admission, and \$15 for students. Visit <a href="https://tinyurl.">https://tinyurl.</a> com/2zuyzfyb for tickets.

- SANTA AND MRS. CLAUS: 5 to 7 p.m., Museum of Chincoteague Island, Chincoteague. Stop by and visit Santa and Mrs. Claus.
- SECOND FRIDAY: 4 to 8 p.m., downtown Onancock, shops, boutiques, and galleries will have extended hours.
- FESTIVE FRIDAYS: 5 to 8 p.m., downtown Cape Charles, entertainment, shopping, restaurant specials, performances, and experiences to celebrate the holiday season. See "Elf" for free at the Historic Palace Theater at 8 p.m.
- HOLIDAY DINNER: 6 p.m., Ker Place, Onancock. Beautiful decorations only add to the cheer of good food and company at Shore History's annual Holiday Dinner. Tickets are \$125 and include drinks. Visit

https://tinyurl.com/mwcecvph for tickets.

- LIVE MUSIC: 6:30 to 8:30 p.m., Lemon Tree Gallery, 301 Mason Ave., Cape Charles. Two Bridges performs live. Cash
- BINGO: Doors open 6 p.m., first game 7 p.m., Arcadia High School Gym, Oak Hall. The Arcadia Boosters Club is hosting a cash bingo night. Regular games will pay out \$100 and bonus games pay out \$200. Food and drinks will be available for purchase. Only those over 18 are permitted. The cost is \$40 at the door.
- THEATER REVUE: 7:30 p.m., North Street Playhouse, Onancock. "Santa's Mixed Bag Goes to Hollywood" combines comedy, song, and dance for a fun performance by young actors. Tickets are \$15. Visit https://northstreetplayhouse.org for more information.

#### Saturday. December 14

- COOKIE WALK: 8 a.m. to noon, Mears Memorial United Methodist Church, 18186 2nd St., Keller. Purchase a box for \$10 and see how many cookies can fit inside.
- HOLIDAY SALE: 8:30 a.m. to 1 p.m., the Woman's Club of Accomack County,

25405 Richmond Ave., Onley. The 21st annual Greens, Gifts, and Goodies sale will feature live greenery, baked goods, soups, and ready-made foods. There will also be local vendors selling their goods.

- COAT CLOSET: 9 a.m. to 11 a.m., Onley United Methodist Church will open its coat closet. Anyone in need of a coat, hat, scarf, or gloves is invited to come by the coat closet and collect what they need. For more information contact Jeanette Edwards at 757-710-1524.
- BREAKFAST WITH SANTA: 9 to 11 a.m., Island Community House, Chincoteague. Enjoy a pancake breakfast and photos with Santa. There will be two seatings, one at 9 a.m. and one at 10 a.m. Call 757-336-1993 to reserve a seat.
- COOKIE SALE: 9 a.m. to noon, annual cookies-by-the-pound sale by St. Mary's Episcopal Church, 18 Third St., Pocomoke City. There will be plenty of beautiful and tasty homemade cookies, candies, and other treats for sale at only \$10 a pound. Come early for the best selection.
- CHRISTMAS CRAFT: 10 a.m. or 2 p.m., Museum of Chincoteague Island, Chincoteague. Make a felted Christmas ornament with JoAnn Stratakos. Choose from

a Christmas tree or a snowman. The cost is \$30. To reserve a seat call 757-336-6117 or sign up in person at the museum.

- ARTISANS MARKET: 10 a.m. to 3 p.m., Historic Onancock School, Onancock. Shop local for holiday gifts at the Holiday Artisans Market. To reserve a space as a vendor email info@historiconancockschool.org
- SANTA BY BOAT: 11 a.m., Onancock Wharf, Onancock. Watch as reindeer in kayaks guide Santa into the town wharf for his visit.
- CHILI SALE: 11 a.m., to 2 p.m. Tasley Volunteer Fire Company, Tasley. This drive-through fundraiser features homemade chili, clam chowder, clam fritters, and more. Visit https://tinyurl.com/ yc8293bs to place your order.
- SANTA'S TRAIN WONDERLAND: 11 a.m. to 4 p.m., Delmarva Discovery Museum, Pocomoke City. Tour a train-filled winter wonderland. Visit Santa between 1 and 3 p.m.
- BOOK SIGNING: 1 to 3 p.m., Ker Place, Onancock. Meet authors with local ties and learn more about their works. Au-

(Continued on page 18)





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#### Calendar

(Continued from page 17)

thors include Curtis Badger, Jake Jacobs, C.L. Marshall, Barry Mears, Keith (Kim) Mathias Miles, Kristin Rutkowski, Chris Slavens, and works by Kirk Mariner.

- HOMES TOUR: 1 to 5 p.m., tour historic homes throughout Onancock during the 23rd annual Onancock Christmas Homes Tour. Tickets are \$30 and can be purchased at <a href="https://tinyurl.com/mv8paut6">https://tinyurl.com/mv8paut6</a>
- CHRISTMAS MUSIC: 2 to 4 p.m., Cokesbury Cultural Center, 13 Market St., Onancock. The sounds of the season will fill the air during the Cokesbury Christmas Music Festival. Performers include the Orchestra of the Eastern Shore, One Sound, and Circle of Friends. Admission is free.
- COOKIE TRAIL: 2 to 5 p.m., Downtown Cape Charles. Tour beautifully decorated homes and bed-and-breakfast inns while sampling cookies. Begin the trail at The Hotel Cape Charles. Entry is free but canned goods or monetary donations will be accepted.
- THEATER REVUE: 2:30 and 7:30 p.m., North Street Playhouse, Onancock. "Santa's Mixed Bag Goes to Hollywood" combines comedy, song, and dance for a fun performance by young actors. Tickets are \$15. Visit <a href="https://northstreetplayhouse.org">https://northstreetplayhouse.org</a> for more information.
- FUNDRAISER: 3 p.m., Cape Charles Volunteer Fire Department, Cape Charles. Tool Mania fundraiser featuring raffles and live and silent auctions for tools. Tickets are \$25 and include food and non-alcoholic beverages. Beer will be available for purchase.
- SANTA AND MRS. CLAUS: 5 to 7 p.m., Museum of Chincoteague Island,

Chincoteague. Stop by and visit Santa and Mrs. Claus.

- PIE AND CAKE BINGO: 5:30 p.m. doors open, 7 p.m. games start, The Great Pocomoke Fairgrounds, 2037 Broad St., Pocomoke City. Help raise funds for an AED at the Newtown Park little league fields at this charity bingo game. There will be 20 games. There will also be door prizes and a Chinese auction. Tickets are \$30 before Dec. 13 and \$35 at the door. For advance tickets call 443-953-6219 or 908-499-1185.
- CHRISTMAS PARADE: 6 p.m., downtown Exmore, the Exmore Community Fire Company's annual Christmas Parade returns. To participate in the parade pick up an application at Exmore's Town Hall.
- MEETING: 6 p.m., Market Street Methodist Church, Onancock. All Eagle Scouts are invited to gather to share stories, network, and reconnect. Refreshments will be served. Those interested in attending can contact T.J. Cordero at 302-531-6834 or email tjcordero@dmvc.org.
- DANCE: 7 p.m., Giddens' Do Drop Inn, 8204 Bayford Road, Franktown. Willie C and the Gang will be providing the music for the Winter Dance at Giddens' Do Drop Inn. Hor d'oeuvres will be served. Tickets are \$20 in advance and can be purchased at the Book Bin or Rayfields Pharmacy. Tickets are \$25 at the door.
- BALLET: 7 p.m., Nandua High School, Onley. ESO presents "The Nutcracker Swings." Enjoy this holiday classic with a swing twist. Tickets are \$30 for reserved seats, \$25 for general admission, and \$15 for students. For tickets visit <a href="https://tinyurl.com/2zuyzfyb">https://tinyurl.com/2zuyzfyb</a>
- BALLET: 7 p.m., Ella Fitzgerald Performing Arts Center, 10832 Academic Oval, Princess Anne. All About Dance pres-

(Continued on page 19)



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(Continued from page 18)

ents "The Nutcracker." Tickets are \$16. Visit <a href="https://tinyurl.com/3baxnsw4">https://tinyurl.com/3baxnsw4</a> for tickets.

#### **Sunday. December 15**

- SANTA'S TRAIN WONDERLAND: 11 a.m. to 3 p.m., Delmarva Discovery Museum, Pocomoke City. Tour a train-filled winter wonderland. Visit Santa between 1 and 3 p.m.
- BALLET: 2 p.m., Nandua High School, Onley. ESO presents "The Nutcracker Swings." Enjoy this holiday classic with a swing twist. Tickets are \$30 for reserved seats, \$25 for general admission, and \$15 for students. Visit <a href="https://tinyurl.com/2zuyz-">https://tinyurl.com/2zuyz-</a> fyb for tickets.
- MOVIE: 2:30 p.m., Roseland Theater, Onancock. Get ready for a little holiday cheer with a free screening of the holiday classic "Elf."
- BALLET: 4 p.m., Ella Fitzgerald Performing Arts Center, 10832 Academic Oval, Princess Anne. All About Dance presents

"The Nutcracker." Tickets are \$16. Visit https://tinyurl.com/3baxnsw4 for tickets.

■ HOLIDAY PARADE: 5 p.m., Market Street, Onancock. Get in the festive spirit at Onancock's annual holiday parade.

#### **Monday, December 16**

- COFFEE WITH A COP: 8 to 10 a.m., Blackfin Island Grill and Tapas Lounge, 7085 Maddox Blvd, Chincoteague. Officers from the Chincoteague Police Department will be serving coffee and engaging with the community during Coffee With a Cop. Citizens are invited to ask questions, raise concerns or just chat.
- BINGO: Doors open at 5 p.m., first game at 7 p.m., Onancock Elks Lodge, 22454 Front St., Accomac. Info: 757-787-7750.

#### **Tuesday. December 17**

- STORY TIME: 10:30 a.m., Cape Charles Memorial Library, Cape Charles. Enjoy stories and activities geared towards kids ages 4 and under.
- LIVE MUSIC: 6 to 10 p.m., Par 4 Bar and Grill, 9480 Lankford Highway, Temperanceville. The Irie Tree band performs live.
- BOOK CLUB: 7 p.m., Chincoteague Is-

land Library, Chincoteague. The monthly Island Readers Tuesday Night Book Club. This month's meeting will feature a talk by local author Brooks Birdwell Yeager, followed by a Q&A. Light refreshments will be served.

#### **Wednesday. December 18**

- BIBLE STUDY: 11:30 a.m., Mears Memorial United Methodist Church, corner of 2nd Street and West Street, Keller. Bring a lunch and listen to Reverend Carrie Talbott teach from Isaiah. Drinks and desserts will be provided.
- MEMORY CAFÉ: 1:30 to 3:30 p.m., Eastern Shore of Virginia Regional Library in Parksley. Memory Café is a social engagement for caregivers and people living with memory issues. Each café will include refreshments and unstructured conversation.
- CHRISTMAS SING-A-LONG: 4 p.m., Powelton Presbyterian Church, Wachapreague. Sing along with beloved Christmas
- DUNGEONS AND DRAGONS: 5:15 to 8:15 p.m., Cape Charles Memorial Library, Cape Charles. Join this 18-and-up group for adventures.

- BINGO: Doors open at 6 p.m., first game 7:30 p.m., Painter Volunteer Fire Co., 17116 Wayside Drive, Painter.
- LIVE MUSIC: 7:30 p.m., Historic Palace Theater, Cape Charles. World renowned vocalist and pianist Gerry Gennarelli performs live. Tickets are \$30 for adults and \$15 for students.

#### Thursday. December 19

- EXERCISE PROGRAM: 10 a.m., Powelton Presbyterian Church, Wachapreague, low-impact exercises for seniors.
- COMMUNITY DINNER: 6 to 9 p.m., Cape Charles Fire Department, Cape Charles. Cape Charles Main Street is hosting Heart and Soul, a community dinner. They'll provide soup and drinks; guests only need to bring a bowl. To reserve a seat RSVP to info@capecharlesmainstreet.com

#### Friday. December 20

■ FESTIVE FRIDAYS: 5 to 8 p.m., downtown Cape Charles, entertainment, shopping, restaurant specials, performances and experiences to celebrate the holiday season. See "Nightmare Before Christmas" at the Historic Palace Theater at 8 p.m.

**OPEN HOUSE** 

Saturday, Nov. 30th

Friday, Nov. 29th

Refreshments will be served

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#### **OBITUARIES**

#### Eastern Shore Post

#### Sue Meikle

Mrs. Sue Rippon Meikle was born Aug. 11, 1937, on the Eastern Shore of Virginia. She was the only child of Roberta Virginia Churn Rippon and William Lee Rippon. Her grandfather



Mrs. Meikle

circles, and she was in frequent demand to pose with the winners. She lived and attended schools in Eastville. After high school, she attended the

was well known

in harness racing

University of Miami, Coral Gables, Fla., and Pan American Business School in Richmond. She was the assistant buyer for publishing and printing for the Commonwealth of Virginia.

She moved to Baltimore and worked for Johns Hopkins University for several years in the medical psychology department working on an alcohol study. She also had summer jobs in Reno, Nev., at the University of Nevada clinic. She then moved on to San Francisco to work in a life insurance company office.

Sue returned to Washington, D.C., to work with the American Association of Colleges of Podiatric Medicine. While there, she met John Meikle, who grew up in Hunter, Okla., through mutual friends at a Republican Party meet-the-candidate event. They married May 16, 1970, and honeymooned in Canada, coming back to Arlington to live until John was transferred with his job to Denver. John worked for the U. S. Agricultural Department.

When John's job transferred them to Stillwater, Okla., Sue decided to finish her education and attended Oklahoma State University, graduating in 1973 with a degree in interior design. Once again, they were on the move, taking them back to Washington, D.C., then to Statesboro, Ga. Here, Sue began work-

ing for the University of Georgia as project manager of interior design for the University Expansion Project. They then moved to Edmond, Okla., closer to the family farm, when John's health began to fail. They moved to Touchmark in 2015, and John passed away in December of that year.

Sue loved traveling all over the world and held a special place in her heart for Scotland. She was a long-standing member of the Daughters of the American Revolution. She had a few dear pets, her dogs Maggie, named after her best friend, and Gracie. Sue was an avid reader and had an extensive library due to being a member of several book clubs. She also enjoyed painting and drawing as hobbies.

She was a member of the Presbyterian Church since the age of 11. Sue and John were both very outgoing, making a lot of friends throughout their moves around the country. Sue was devoted to her family and kept up with them through phone calls and letters. John's family had a farm near Hunter that opened up in the Land Run. He relied on the Schultz family to farm it for him. Sue long held a special relationship with the Schultz family and considered them close friends.

As Sue's health declined, she moved to Touchmark Assisted Living. She was blessed by having dear friends assist her in her final years, and in turn she blessed them. She passed from this life on Friday, Nov. 15, 2024, with those friends in loving attendance.

Sue was preceded in death by her parents and her husband, John. Family members mourning her passing are Tom "Rip" and Jennifer Rippon, Neil and Julie Hamilton, Robin Hamilton, and John Lee Meikle Ewing.

Sue was a true lady and kept close ties with her Eastern Shore roots, often mentioning new ventures opening in the area. Her friend Margaret kept her up-to-date on these matters. Sue had many friends who loved her dearly and are saddened by her passing.

#### Robert Miller

Mr. Robert Lee Miller, 87, affectionately known as "Bobby" to his friends and family, passed away peacefully on Nov. 21, 2024, at Tidal Health in Salisbury, Md.

Born on Dec. 4, 1936, in Withams, Bobby was a beacon of light and joy in the lives of all who knew



Mr. Miller

him. He was a devoted husband, a loving father, a doting grandfather/great-grandfather, and a cherished friend.

Bobby's early life in Withams set the stage for

a lifetime of dedication and hard work. He was the son of the late Tom and Louise Miller and brother to his late sisters, Mary Lou Justice (Jimmy) and Audrey Davis (Billy).

Bobby's journey led him to the love of his life, Betty Jean Miller, with whom he shared countless cherished moments and 68 years of marriage. Together they built a beautiful family, raising their daughter, Teresa, and welcoming their son-in-law, Bucky Dennig, into the family fold. He was also known as "Uncle Bobby" to many nieces and nephews.

Professionally, Bobby was known for his strong work ethic and leadership skills. He managed Kellam's Gas, Sharp Energy, and Pep Up Inc., where he was respected by his colleagues and employees alike.

His commitment to his work was paralleled only by his involvement in his community, where he was known as a friendly and selfless individual who always put others first. A beloved mentor to countless young athletes throughout his life, he coached Little League baseball and high school football, inspiring and nurturing the talents of generations of players.

However, Bobby's most cherished

team was the team that knew him as "Pop Pop." His legacy continues through his grandsons, Rob Godwin (Stephanie) and Brooks Godwin (Heather), and his granddaughter, Kirstin Ikeda (Michael "Casey"), as well as his treasured great-grandchildren, Grace, Ava, Kamryn, Ryder, Maverick, Grant, and Quinn. His role as a grandfather was one he adored deeply, and the memories created during those precious moments will be held close by his family forever.

Those who knew Bobby will remember him as a man of great character — loving, selfless, and friendly. His warm smile, bright blue eyes, and generous spirit were his trademarks, and he had a remarkable ability to make each person he met feel valued and important.

As we say goodbye to "Pop Pop," we celebrate a life lived with purpose and love. Please join his family for a celebration of life being held on Nov. 30 at Salem Church in Pocomoke City. A visitation an hour prior will be held at 10 a.m. The service will be held at 11 a.m., followed by a luncheon.

Arrangements are in the care of Holloway Funeral Home, P.A., Pocomoke City.

#### **Newspaper obituaries**

The Eastern Shore Post accepts obituaries from all funeral homes. Costs of obituaries are determined by length. There is a \$25 additional charge for each head-and-shoulders photograph included. Ask your funeral home to send obituaries to the Post by emailing ryan@easternshorepost.com. Price quotes are available. Call 757-789-7678 with questions.

#### **Obituarios en el Post**

El Eastern Shore Post acepta obituarios de todas las funerarias. El costo de un obituario está determinado por la cantidad de palabras. Hay un costo adicional de \$25 para incluir una foto. Envíe obituarios a ryan@easternshorepost.com. Podemos darle un presupuesto. Llame a 757-789-7678 con preguntas.



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#### **BUSINESS**

#### Eastern Shore Post



EASTERN SHORE POST/TED SHOCKLEY

Sue Schofield tries her luck at the new electronic pull tab games that have been installed at the VFW Post 2296 in Tasley.

# Tasley VFW adds pull-tab games

The Veterans of Foreign Wars Post 2296 in Tasley recently received nine electric pull-tab games for customers.

During an open house held recently, visitors enjoyed trying their luck at the games.

In addition, the general public is invited to come in and play the pulltab games and enjoy dining at the

Hours of operation are from noon

to 7 p.m. on Friday and Saturday, and Daugherty Road, Tasley, VA 23441. 1 to 4 p.m. on Sunday.

The VFW is also known for its open-to-the-public breakfast on the fourth Saturday of each month from 8 to 9:30 a.m.

The breakfast is free but a \$10 donation is requested.

Commander Bob Schofield said there are 50 members of the Tasley VFW, which is located at 21503

The post was formed Dec. 10, 1995.

The VFW is a nonprofit veterans service organization that traces its roots to 1899. It is comprised of eligible veterans and military service members from the active, guard, and reserve forces, according to its website.

The group has a membership of 1.4 million, according to its website.

REGIONAL

# Area Master Gardener class to begin

The Eastern Shore of Virginia Master Gardener Program is accepting applications for the 2025 Master Gardener Basic Training Class, to be held at Eastern Shore Agricultural Research and Extension Center, 33446 Research Drive, Painter.

Class begins Jan. 15, 2025, and continues each Wednesday from 8:45 a.m. to 3 p.m. through April 23.

Use this online link to submit an application: http://bttr.im/9rk58

Tuition is \$125 plus a nonrefundable application fee of \$12.50. The class includes lectures by garden experts, field experience, and practical training about all aspects of gardening.

Applications must be received by Dec. 15, 2024.

Contact esmgva@gmail.com or call 757-678-7946, ext. 29, for assistance or more information.

#### Reyes, of Wallops Island, earns degree

Israel Reyes, of Wallops Island, earned a bachelor of science in psychology in the summer 2024 term and was named to the president's list at University of Maryland Global Campus.

To qualify for the prestigious list at UMGC, a student must have graduated with a bachelor's or master's degree and a cumulative grade point average of 4.0.

#### A teacher to her students: 'I'm proud of you'

#### BY DEBORAH MERRILL

**Guest columnist** 

To all the students I taught during my career in Accomack County Public Schools, I am so proud of you.

I have watched you grow from a gangly, giggly "tweenager" to an adult with children of your own.

When we meet, your kids find it mildly amusing when I tell them how smart you were in middle school.

The look of amazement that you were ever a kid at all is priceless.

You kept it together in a global pandemic of epic proportions, continuing to work and feed your family.

Even now, your energy is drained and joyful moments seem harder to find — but somehow you keep going and persevere.

You have been so many things to me. You were in the ambulance with me on the way to the hospital. You were at my house at 4 a.m. when the electricity went out, even before we knew we had a problem.

You were the one who trenched our driveway in the rain to install a new electric cable.

You are our electrician, plumber, auto mechanic, hairdresser, and pharmacy tech.

You have been so vital in keeping us fed. You work in our poultry plants. You grow our chickens and farm our fields.

You are a waterman. You are in law enforcement. You are firefighters. You drive trucks, transporting goods great distances.

When shopping, I see you in every store and we always have such wonderful conversations.

You work in every restaurant and I read about your accomplishments in the newspaper. You own many of the stores I visit. You've become the edu-

cators of the most precious resource we have — our children. You lead us in prayer in our churches and sing in our choirs.

There is nothing you can't do and yet you continue to amaze me in all the places I find you. You work at NASA, NOAA, VIMS, and the wildlife refuge, and you proudly wear our nation's uniforms in the military. You have become nurses, bank tellers, engineers, pilots, and professors.

I am not so naive to believe that life has been easy for many of you. I remember watching you devour your lunch so fast and I knew you were hungry.

Once when the electricity went out at our school, you told me, "I come to school for two reasons ... to get warm and to get food and today, you ain't got neither."

I cried along with you when you lost family members. I know that

sometimes life takes turns you never expected.

I have always wanted the best for all my students. You are forever etched in my heart as a middle schooler but if I forget your names, please forgive me. I rarely forget your eyes and your smiles.

Teachers feel a lot like a farmer that plants seed along the way. As the years go by, we get to see the harvest and from what I see, we have many reasons to be proud.

You have also been my teacher. You taught me patience and the value of a second or even third chance.

You increased my vocabulary (although not always a plus). You taught me that every child has talents and it was part of my job to help you find them.

Thank you for the privilege of seeing you grow and change. Thank you for giving back by stepping up.

In case I forgot to say it, I am so proud to have been your teacher.

■ The writer lives in Temperanceville.



#### **SPORTS**

#### Eastern Shore Post

# Wishing peace, happiness, and bent rods

With high winds dominating the weather pattern from last Wednesday through last Saturday, angling opportunities were virtually un-



Bill Hall

available until the last part of the weekend entering into the Thanksgiving holiday.

The good news is that the puppy drum action on the seaside returned as soon as the winds subsided. The recent

cool weather has also pushed a body of migrating striped bass into the southern waters of Tangier Sound and the northern portion of Pocomoke Sound. Look for an uptick in the striped bass action occurring with every degree drop in the local water temperatures.

#### Upper Shore

Captain Matt Abell, at the Sea Hawk Sports Center, reported that schools of "quality"-sized rockfish have finally arrived inside Tangier Sound, with fish attacking baits near submerged shallow water structures. His clients have enjoyed rockfish success using suspending slash baits, with the Rap-10 specifically cited. Captain Abell recommends a fast, slashing retrieve over the structure, followed by a pause. Most of his fish have been in the 19- to 24-inch range.

A recent trip on the Pocomoke River produced catches of chain pickerel, largemouth bass, yellow perch, bluegill sunfish, blue catfish, and crappie. All of these species fell prey to 2-inch twister tails tipped with small



PHOTO COURTESY CAPTAIN STEVE'S BAIT AND TACKLE

This rare Atlantic sturgeon was caught, photographed, and quickly released back into the Assateague Island surf by 7-year-old Dawson Moyer, pictured with his father, Nathan Moyer.

live minnows cast and trolled along the shallows during a falling tide.

#### Chincoteague

Results of last weekend's surf fishing tournament, based at Captain Steve's Bait and Tackle, included: first place — Frank Hornig with an 8-pound, 7-ounce puppy drum; second place — Chris Holler with a 7-pound, 10-ounce puppy drum; and third place — Jody Baldwin with a 7-pound, 10-ounce puppy drum.

The offshore wrecks are producing good numbers of black sea bass, with some fish in the 4- to 5-pound range. Bluefin tuna action is still occurring from just north of Chincoteague up to Ocean City, Md.

#### Wachapreague

With the arrival of the Thanksgiving holiday, most of the local outdoorsmen's interests have shifted from angling to waterfowl hunting.

Captain Lindsay Paul, aboard the Almost Persuaded, told me that there is still a good population of black sea bass on most of the offshore wrecks if you can find a day when the wind does not howl.

#### Lower Shore

Jeb Brady, at Bailey's Bait & Tackle, told me that the puppy drum action was excellent on both sides of the lower Shore prior to the four straight days of high winds. Large schools of drum, many containing lots of smaller fish, had been hitting soft plastics.

Small schoolie-sized striped bass have been hitting Berkley Gulps inside the lower bayside creeks as well as under the pier lights at night. Brady said the tautog bite around the Chesapeake Bay Bridge-Tunnel remains decent, weather permitting, for anglers fishing chunks of crab.

Thanksgiving marks the traditional end of our series of fishing reports for the year. However, this does not mean that local angling opportunities are ending.

Tautog and black sea bass will remain available over and around submerged structures in the lower Chesapeake Bay as well as on the ocean wrecks.

The population of migrating striped bass has just started to make its appearance in Virginia waters as the fish migrate south inside the Chesapeake Bay and Atlantic Ocean coastal waters following schools of migrating menhaden, bay anchovies, and silversides. This fishery will only improve through the rest of the calendar year, with most of the biggest fish typically landed and released during the month of January.

Special thanks to all of the individuals and businesses who have contributed to our little fishing report, allowing us to bring you the most current, comprehensive, and accurate fishing information possible. This includes the Sea Hawk Sports Center, Bailey's Bait & Tackle, Captain Lindsay Paul aboard the Almost Persuaded, Tangier Sound Charters, Oceans East — Eastern Shore, and Captain Steve's Bait and Tackle.

From all of us here, we hope you had a wonderful Thanksgiving and wish you peace, happiness, and bent rods during the upcoming holiday season. Til next year, tight lines!

#### HIGH SCHOOL SPORTS



Northampton High School was well-represented at last Saturday's Class 1 state cross country championships in Blacksburg. Sophomore Renniah Rono, pictured below with coach Laren Wells, placed 31st in the 5000-meter girls race with a time of 23:46. The boys team, which finished 11th overall, was paced by sophomore Eli Philpot, who finished 21st in 17:53. The boys team includes, from left, Dickinson Tayloe, Aaiden Bowman, Philpot, Hudson Taylor, Kendrick Collins, Alex Gildo Vaca, and Fernando Palacio Panuco.

#### Chincoteague's Mason is Player of the Year

Olivia Mason, a senior hitter at Chincoteague, was named Volleyball Player of the Year in the Eastern Shore District. She was joined on the first team by fellow Ponies Aly Clark, Caitlyn McPherson, and Lillian Oestmann.

Other first-team picks included Nandua's Kayleigh Maleski, Virginia Tyler, and Kylie Killmon; Northampton's Rylee Coates, Abigail Zodun, and A'Rivah Brisco. Honorable Mentions were Arcadia's Olivia Lynch, Chincoteague's Hannah McGuire, Nandua's Nahkiya Whaley, and Northampton's Hailey Dinwiddie.

#### Football All-District performers are named

Northampton swept Offensive and Defensive Player of the Year honors on the All-Eastern Shore District football team. Khaidn Davis, who rushed for 830 yards and 10 touchdowns in the regular season, won on offense, while teammate Jeremiah White won on defense.

First-team offensive players included quarterback Brock Leland (Northampton); center Jared Phillips (Nandua); linemen Keron Mathews (Nandua), Reid Travis (Northampton), Palmer Hubbard (Northampton) and Justin Suarez (Northampton); running backs Khaidn Davis (Northampton), Elijah Hope



(Northampton), and Juelz Snead (Nandua); receivers Eli Parker (Nandua), Djasley Lucas (Arcadia), and Brian White (Arcadia); tight end Hayden Williams (Nandua); kicker Sebastian Mayorga (Northampton); kick returner Khaidn Davis (Northampton); and all-purpose player Jeremiah White (Northampton).

First-team defensive players included linemen Aiden Moore (Arcadia), Zachary Smith (Nandua), Justin Suarez (Northampton), and Elijah Hope (Northampton); linebackers Keron Mathews (Nandua), Jerry Sturgis (Northampton), Bryan James (Northampton), Djas Lucas (Arcadia), and Corbin Etheridge (Northampton): defensive backs Jeremiah White (Northampton), Jace Logan (Northampton), Antoine White (Northampton), and Zywon Beckett (Northampton); punter Hayden Williams (Nandua); punt returner Na'Kahi Wilson (Arcadia); and all-purpose player Khaidn Davis (Northampton).

Honorable Mentions picks Mason Williams (Arcadia), Wert (Nandua), and Jeremiah Kellam (Northampton).



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A series of selected letters written by students in Matt Bell's seventh-grade English class at Arcadia Middle School.

# Fix the chicken smell, fix the roads, limit deer

Accomack County is an outstanding place to live. However, any place in the world can be improved.

I have an incredible plan to improve our homeland. First, we need to fix the revolting stench from chicken plants. Second, fix roads. Lastly, limit the deer population. This is my plan to improve Accomack County.

Imagine this scenario. You wake up on a warm and cozy Sunday morning, go outside, and, ugh, what is that smell?

Accomack County is a fabulous place to live in, but along with all the great things that Accomack County has to offer comes the wretched stench of chicken houses.

Now let me ask you a question, do you like the putrid smell of chicken plants in the morning? I know I don't. If we got rid of that foul odor, we would be able to go outside without having to smell that scent that's worse than a wet dog with smelly feet in a fetid closet.

Another thing we have to fix in Accomack County is the roads. I'm sure that almost everybody who lives in Accomack County has been on at least one gnarled road.

I'm also certain that nobody — and I mean nobody — enjoys that. If we fix roads it will diminish the amount of car accidents. It will also make riding your motorcycle, bicycle, or car easier than just relaxing at home while snacking on Takis and Sprite.

The final thing that we need to fix is the quantity of deer. In Accomack County the deer overpopulation can cause car accidents. It can even cause deer to accidentally get run over and that is even more tragic than the Battle of Wounded Knee and the Battle of Stalingrad combined.

Having so many deer is ludicrous for people traveling on the road. So decreasing the deer population will make the road a lot more secure. A suggestion? Offer hunters more tags for bucks and does, and the numbers will go down, while the bellies of citizens will become full.

What you just read is my plan to improve our cherished Accomack County. First, we need to fix the malodor from chicken plants. Second, amend the roadways.

Last but not least, limit the deer population. But apart from some things that need improving, Accomack County is an extraordinary place to live.

— Dayli Velasquez

# More doctors, more shops, more graduates

Accomack needs to be fixed. There are a few issues I've noticed while living here.

First, we need more doctors and access to medical care. Second, we need more shops and sites around the Eastern Shore. Third, dropout rates need to be lowered.

Accomack County is a beautiful place. But with beauty comes flaws. One flaw of Accomack County is the lack of hospitals and medical care.

There are only two medical offices that don't require an appointment—emergency room, and urgent care. They take longer than a two-mile-perhour trip around the equator.

Speaking from personal experience, being seen at the emergency room takes hours just for a simple cough. I arrived at 1 a.m. and left at nearly 4 a.m. And with urgent care only being open during the day, that leaves the emergency room as the only option.

Adding more hospitals and speeding up service at the current hospital would be just the improvement that Accomack needs.

There are more animals in Accomack County than there are grains of sand on the beach. So obviously, there is a lot to see here. But one thing you'll never see here is a mall. Here in

Accomack, the closest mall is an hour away.

And it's not just malls. Restaurants, parks, libraries, zoos, and museums are all examples of things you'll rarely see here. Having to travel all the way to Salisbury every time you need new clothes, want to go to a museum, or want a bite to eat is very annoying and costly.

Adding a mall would save time and gas, adding museums would create new learning opportunities, and adding restaurants would add variety to the Eastern Shore.

School is very important. Even if dropout rates are low, they can still be lower. And I believe there are a few ways we can do that. A lot of students in Accomack are from different countries and are learning English as a second language. Hiring more English as a second language teachers would help a lot. The same goes for special education teachers.

Adding more libraries would also boost reading and writing levels. I also believe if we make school more fun, really try to help out students, and hire teachers who care, we can really have an impact on students here on the Eastern Shore.

Accomack County is home to thousands of amazing people. So why shouldn't we try to make Accomack just as amazing as the people who live here? No state or county is perfect, but we can definitely make them better. I can speak for everyone when I say the people of Accomack would love to see these changes be made. I hope that if more people become aware of what's happening here, we can make Accomack better.

- Lacy Weeks

# Build a mall, improve schools, cull the deer

Every place has things to fix and Accomack County has many of them. I think that no place is perfect.

There are three foremost things I want to talk about. The first idea is to build a mall. The second is to add things to the schools. And my third proposal is to find a solution to the deer population.

I anticipate that if we build a mall, it would solve numerous Accomack County problems.

For example, you wouldn't have to drive far away to shop for your family. And also you wouldn't have to waste too much on fuel.

Having a mall in Accomack would provide hundreds of jobs. Have you ever been in a situation where you're tired of eating in the same restaurant? The mall is also the solution for this.

School should be a safe place to learn. But many students don't feel safe anymore since there is a lot of shooting going on. The solution for that is that the security people should get more weapons.

Another problem is that many students have unpleasant grades. The solution to that is to hire more teachers so they could help them, because it's hard for one teacher to teach 20-25 students and since some students understand things slower, we need more educators.

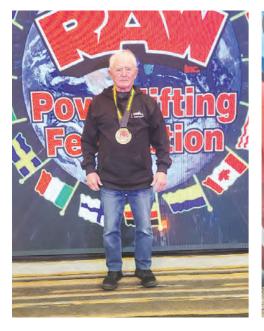
Have you ever been in a situation where you're about to run over a deer? I have. Many people die because of this. Deer can damage your car. My primary solution for this is fencing. My other solution for this is to utilize chemical repellents. Let's keep people safe again.

Accomack County is more substantial than seeing the Milky Way up close, but there are some things we need to change. My first idea to ameliorate our area is to add a mall.

My second thing to improve are issues in the schools. My third idea is to find a solution to our deer population. These are things I think we should improve.

— Maily Gonzalez

#### RED HART SETS A WORLD RECORD





COURTESY PHOTOS

Red Hart, pictured at left with his medal and at right with supporter Susan Murphy, set a world record on Saturday, Nov. 23, with a 215-pound bench press at the 100% Raw Powerlifting 2024 World Championships in Virginia Beach. Hart set the world record in the age group for ages 80 and older. He thanked Murphy for attending all of his weightlifting competitions. Hart, of Greenbush, is a longtime health enthusiast and can be found five days a week at 6 a.m. at the Eastern Shore Family YMCA, in Onley, for his workout.



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#### Visit easternshoreauctions.hibid.com to register and bid.

Bidding is currently open and ends on Wednesday, December 11, 2024 starting at 5 PM.

Preview Date & Time: Saturday, December 7, 2024 from 11AM to 2 PM.

Preview Location: 24970 Ocean Gateway, Mardela Springs, MD 21837 (Mardela location)

Checkout Date & Time: Monday, December 16, 2024 from 9 AM to 3 PM

and Tuesday, December 17, 2024 from 11 AM to 6 PM. No exceptions.



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# Camp Occohannock's Polar Duck Dip planned for Jan. 18 in Belle Haven

Mark your calendars for Camp Occohannock's 17th annual Polar Duck Dip happening on Saturday, Jan. 18, from 11 a.m. to 2 p.m. at the camp, which is located at 9403 Camp Lane, Belle Haven.

There will be the dip, a light meal, and a silent auction.

This year's event will have two celebrity dippers, the Rev. Beth Givens, Coastal Virginia's District Superintendent with the Virginia Conference of the United Methodist Church, and Blake Johnson, owner of the Island House Restaurant.

There are numerous ways to support the Polar Duck Dip.

Friday, Dec. 6, from 4 to 8 p.m. the Island House is hosting a donation night. Call ahead and reserve a table on donation night and 10% of the proceeds from the meal will go to Camp Occohannock.

There is also an online silent auction that will go live on Jan. 13 and end the day of the dip.

Keep an eye on Camp Occohannock's Facebook page for a link to the auction.

Items can also still be donated for the silent auction. To donate an item call 757-442-7836.

Those who aren't afraid of a little cold can also register for the dip. Once dippers are registered they can begin collecting sponsors for their polar plunge.

The dipper who raises the most money will get a gift card from Island Creamery for a quart of ice cream a month for a year.

Anyone who wants to participate in the excitement of the dip but can't be there in person can give through the Polar Duck Dip: Online Splash.

This fundraising campaign will run on Camp Occohannock's Facebook page and Instagram.

The funds from the Polar Duck Dip will help with growing operating expenses, bulkhead repairs, finishing repairs on the camp director's family home, and adding a zip line and mini golf course.

For more information or to register for the Polar Duck Dip visit www.ootbay.org/polar-duck-dip

#### **EVENT**

# Nature Conservancy hosting holiday open house at Brownsville Preserve on Dec. 5

The Nature Conservancy invites one and all to its Holiday Open House at Brownsville Preserve in Nassawadox on Thursday, Dec. 5, from 3 to 7 p.m.

Visit with staff and volunteers, tour the historic house, and warm up by the campfire with holiday treats.

Parking will take place off-site on Brownsville Road and guests will receive a hot chocolate to keep warm on the five-minute wagon ride to and from the house. ADA parking will be available at the house.

For questions, contact The Nature Conservancy Community Engagement Specialist Margaret Van Clief at mvanclief@tnc.org or 757-414-9227.

This event is free and open to the public. Se habla español.

Brownsville Preserve is located at 11332 Brownsville Road, Nassawadox.

#### **BOOK CLUB**



COURTESY PHOT

On Tuesday, Nov. 12, the Republican Women of Worcester County held their bimonthly Red Shoe Book Club meeting at the Ocean Pines Library. The selected book was "Hillbilly Elegy" by Vice President-elect J.D. Vance. Ten members participated.

#### **FUNDRAISER**

#### Northampton County Education Foundation Season of Giving returns

The Northampton County Education Foundation kicked off its Season of Giving Campaign on Friday, Nov. 15.

This year's campaign is again supported by Bay Creek with a match for the first \$25,000 raised in donations.

"We are beyond excited to have Bay Creek as our champion for education," said foundation chair, Billie-Jean Bensen.

The Season of Giving coincides with the release of the Northampton County Education Foundation's 2023-24 Impact Report.

The report shares the accomplishments of the past school year, made possible through the support of the community.

The foundation worked to continue to support district initiatives, student learning, and teacher appreciation.

In addition, the foundation funded programs such as All District Reads, PreK Camp, staff support and recognition, scholarships, performance ensembles, kids' closets, and more.

In total, the foundation supplied over \$61,000 directly to Northampton County Public Schools.

The Impact Report is available at <a href="https://tinyurl.com/46dm3ex5">https://tinyurl.com/46dm3ex5</a>

This year's Season of Giving Campaign will supply funding to continue the foundation's mission of promoting student performance and excellence in teaching in Northampton County schools.

To find out more about the Northampton County Education Foundation or to make a donation visit <a href="https://www.ncedufoundation.com">www.ncedufoundation.com</a>

Donations can also be mailed to NCEF, P.O. Box 323, Cape Charles, VA 23310.

#### Enforcement questions hamstring STR discussion

#### BY STEFANIE BOWMANN

**Eastern Shore Post** 

Northampton County supervisors continued discussing proposed regulations of short-term vacation rental homes on Nov. 13, but action was stalled by concerns including how the regulations would be enforced.

"What we're trying to do is protect the county and our neighborhoods ... from bad actors," said Supervisor John Coker.

The proposed ordinance specifies three types of short-term rental homes:

- Type A is the homeowner's primary residence and has up to six bedrooms available for rent.
- Type B is not the owner's primary residence, and it has up to four bedrooms available for rent.
- Type C is not the owner's primary residence, and it has up to six bedrooms available for rent.

Coker suggested establishing just two types of short-term rentals: Type A, which would be allowed by right, or without a permit; and Type B, which would include up to six bedrooms for rent and should require a special-use permit — but not a major special-use permit.

He did not believe a major special-use permit should be required because that would be "onerous" for the applicant and "frankly, it's a lot of work for the county," Coker said.

The two types of permits are similar, but a major special-use permit application costs \$600 and a minor special-use permit costs \$450.

The county planning commission suggested combining the two types into one and calling it a special-use permit.

By requiring a special-use permit, "neighbors are going to get notified ... and can opine on how they feel about it" during a public hearing, and if the applicants "are bad actors, at some point we just won't renew their appli-

cation," Coker said.

Any short-term rental property with more than six bedrooms, "in my personal opinion, is a hotel," he added.

The proposed ordinance allows for an operator to be fined up to \$500 and prohibited from offering a specific property for rent if he or she has committed three or more violations of state and local laws, ordinances, or regulations pertaining to short-term rental homes.

The proposed standards for short-term rental homes include providing onsite parking of one space per bedroom plus one additional space, limiting occupancy to two people per bedroom, and following the county's lighting standards and noise ordinance.

But how the rules will be enforced remains unknown.

"You can't be calling the sheriff in the middle of the night for ... too many cars parked down the road," Coker said. "It just doesn't make sense." The county planning and zoning department is open only three days per week, eight hours per day, he added.

Furthermore, it would be difficult to enforce the rules for homeowners who may operate short-term rentals by right, since they have no permit that can be revoked for noncompliance.

Enforcing the rules for these individuals would necessitate the creation of new ordinances that apply to every resident of Northampton County.

"I'm not ready to do that tonight," Coker said.

He recommended that the county administrator write a plan for enforcing the short-term rental regulations, supervisors seek legal advice to ensure the regulations comply with Virginia Code, and supervisors hold another public hearing on the matter.

Coker noted that some had suggested prohibiting short-term vacation rental homes in Northampton County, but that would be detrimental to the county, he said.

Northampton supervisors recessed the meeting without taking action on the short-term rental regulations.







#### **COMMUNITY**





SUBMITTED PHOTOS

The Accomack-Northampton Alumnae Chapter of Delta Sigma Theta Sorority, Incorporated recently donated \$300 to the Foodbank of Southeastern Virginia and the Eastern Shore. Janice Langley, immediate past president of the chapter, presented the donation at the food bank in Tasley on Nov. 4 in alignment with the sorority's commitment to community service. Langley is pictured on the left with Alice Reed, warehouse manger, and on the right with Angel Fields, distribution coordinator.

**EVENT** 

#### Exmore hosting Old Fashioned Christmas on Dec. 5

Experience a little holiday cheer as the 3rd Annual Old-Fashioned Christmas in Exmore returns to downtown, Thursday, Dec. 5, from 5 to 7:30 p.m.

Hosted by Exmore's business community, this is an evening of relaxed, after-hours shopping in a festive atmosphere of twinkling lights, beautifully decorated shops and storefronts, a 14-foot Christmas tree on the Plaza, music, and Santa sightings.

The shops are overflowing with specialty holiday items. Visitors can expect unannounced specials, a few surprises, giveaways, and more.

"We are excited to once again showcase Exmore during this festive season," said Exmore Mayor Doug Greer. "Even as our downtown grows and becomes more vibrant, it retains the traditional hometown appeal that has always been the hallmark of our community."

Participating shops include Country Way Mercantile, The Exmore Emporium/Main Street Jewelry & Gifts, The Sea Witch ESVA, Shore Antiques & More, Primitives & More, Clocks 'n Stuff, Exmore Diner, Kookie Momster, and Hangin with Wild Roots.

Artists Katie Williams and Melanie Widgeon Lewis will be hosting an art exhibition in the reception area of Wild Roots, located at 3316 Main St.

An Old-Fashioned Christmas in Exmore is presented in tandem with

New Ravenna's Annual Holiday Artisan Faire, an expansive display of art and handcrafted items covering two floors of the New Ravenna building on Broad Street, which runs parallel to Main Street.

The evening also sets the stage for Exmore's Annual Christmas Parade on Saturday, Dec. 14.

Hosted by Exmore's community fire department, this much anticipated event begins at 6 p.m. on Main Street.

There's plenty of free parking for all activities, with easy access to participating venues.

For more information, follow the Town of Exmore on Facebook, visit <a href="https://www.exmore.org">www.exmore.org</a> or email visitexmore@exmore.org.

# Parksley Fire Co. hosting food drive

The Parksley Volunteer Fire Company will be dropping off bags at homes in Parksley on Nov. 29 that can be filled with nonperishable food and will be picked up on Dec. 9 between 5 and 9 p.m. Monetary donations will also be accepted and the fire company is looking for volunteers. For more information contact the fire company at 757-665-6977.

# Festive Fridays needs volunteers

Cape Charles' Festive Fridays is seeking volunteers to help out on Nov. 29, Dec. 6, 13, and 20. Volunteers will help with parking, traffic control, carriage rides, selling beverages, and more. To sign up email Susan Burger at sfriedbur@gmail.com

# Warm Hands, Warm Hearts collects gifts

#### BY JANET BERNOSKY

**Eastern Shore Post** 

Warm Hands, Warm Hearts, an annual holiday event founded by Bill Baals and Joe Ficchi, got its start several years ago when their former home was once part of the annual Chincoteague Homes for the Holidays Tour.

Although they lived at Corbin Hall near Horntown at the time, people attending the tour readily traveled off the island, eager to experience the holiday spirit and whimsy found throughout this special home, which was beautifully decorated inside and out.

Trees, resplendent with ornaments and lights, figured prominently and were thoughtfully placed throughout their home in several holiday-themed rooms.

One tree in particular stood out, though, because upon it, hung with great care, were donations brought by



EASTERN SHORE POST/JANET BERNOSKY Bill Baals, left, and Joe Ficchi, founders of Warm Hands, Warm Hearts, hang donations of hats, scarves, gloves, and mittens on the Giving Tree located at Dockside Properties.

friends, neighbors, and holiday guests specifically for local children in need.

It became known as the "Giving Tree."

Now, 11 years later, Warm Hands, Warm Hearts still accepts donations

of new or handmade hats, scarves, mittens, and gloves, just as it did at its inception on that first special tree.

However, it has now expanded to also include donations of new toys, shelf-stable foods and snacks, low-denomination gift cards for restaurants and grocery stores, and pet products, including food, toys, and other supplies.

"We are so grateful for the many things we have been blessed with over the years," said Baals. "This is our way of giving something back to the community we love."

Donations will be accepted through Dec. 13, to be distributed through the schools, local churches, food pantries, and the Eastern Shore SPCA.

Warm Hands, Warm Hearts has continued its association with the Chincoteague Homes for the Holidays tour over the years.

On this year's tour date, Dec. 7, do-Road, Cape Charles.

nations for the Giving Tree will be accepted at the theater annex on Main Street in Chincoteague.

The tour tickets and the itinerary will be available there, making it easy to drop off a donation before heading out.

Ficchi and Baals, who is a realtor and partner with Dockside Properties on Chincoteague, have also paired up with the Eastern Shore Association of Realtors, with expanded donation locations across the Shore.

Those wishing to make donations to the Warm Hands, Warm Hearts Giving Tree can drop them off at the following locations:

■ Dockside Properties, 6325 Maddox Blvd., Chincoteague (including on the tour date)

■ Weichert Realtors Mason-Davis, 47 Market St., Onancock

■ Bay Creek Realty, 3335 Stone



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# A holiday extravaganza slated for Dec. 7

#### BY JANET BERNOSKY

**Eastern Shore Post** 

Make plans to spend the day on Chincoteague Island on Saturday, Dec. 7, when a full list of events will keep everyone in the holiday spirit.

The annual Chincoteague Homes for the Holidays Tour, sponsored by the shop Hollyhocks on Main, takes place from 11 a.m. to 4 p.m., with proceeds benefitting the Manna Café CI.

The event features local residences, shops, inns, special pop-ups, and points of interest all dressed up in seasonal finery.

Tickets are \$20, available in advance or on the tour date in person at Hollyhocks on Main, 4090 Main St., Sundial Books, 4065 Main St., and their respective websites.

Hollyhocks' owner, Kim Dennis, has organized the event for the past several years after taking over from its founder, Laurie Walton.

This year, Dennis has worked with local resident Cindy Shogun, who will take over the reins next year.

Brochures for the tour will be available at the Island Theater Annex starting at 10 a.m.

Dennis said that residences on the tour aren't publicized in advance.

"It's just a nice little surprise, like opening a present, on the day of the tour that people look forward to," she said.

She did, however, drop a hint that one location on the tour was once the home of local waterman Woose Reed.

He is featured prominently in his boat on the Island Heritage mural, also part of the tour, next to Taylor Bank.

Other homes, she said, feature unique decorations or collections, such as Christmas crèches, Swedish tomtens, lighthouses, decoys, and glass insulators.

Dennis shared that the Beebe Ranch, located at 3062 Ridge Road, will be a tour destination, with local historian Cindy Faith welcoming visi-



COURTESY PHOTO

Visitors mingle at last year's Christmas Tree Village in the pavilion at the Museum of Chincoteague Island.

tors and providing the latest updates on the ranch's renovation project.

Two local inns, the Inn at Poplar Corner and Miss Molly's, both on Main Street, are also part of the tour.

Sharon Buck, assistant innkeeper at Miss Molly's, plans to serve her mini-chocolate ganache cakes with chocolate icing to tour guests, along with lavender lemon scones made famous by its innkeeper, Miss Julie.

"Cindy Shogun and I are honored to be part of this holiday tradition, which is a wonderful way to support the Manna Café CI to continue to provide food and fellowship to the local community," Dennis said.

Founded in 2017 by Bill and Fran Lytle, Manna Café CI serves as many as 250 hot lunches at the Chincoteague United Methodist Church's Fellowship Hall, 6263 Church St., and to homebound individuals in the community, on the first two Mondays of each month.

During the tour, the Island Community House, located directly behind the theater at 6426 Mumford St., will be serving up hot takeout bowls of old fashioned Eastern Shore clam chowder, plus "the fixins," which include corn bread and oyster crackers.

The cost is \$10 and money raised will directly support their programs. To place an advance order, call 757-336-1993 or email info@islandcommunityhouse.org.

Drift, by AJ's on the Creek, located at 6219 Maddox Blvd., will offer box lunches for \$18.99 to tour attendees who pre-order by Dec. 6 or by calling 757-894-7204.

The lunches will be available at the theater annex by 10:30 a.m. and include the choice of a chicken or shrimp salad sandwich or an Italian-style sub, plus chips and bottled water.

Stop by the pavilion at the Museum

of Chincoteague Island from 11 a.m. to 4 p.m. and vote for a favorite tree at the museum's annual Christmas Tree Village fundraiser.

This year, a few of the participating groups and businesses decorating trees include Davy's TherAppy Farm, the Yoga Collective, and Chincoteague Step Through Time Tours.

Admission to the museum and the pavillion is free during the event, which runs the first two weekends in December. Each vote is \$1 or 6 for \$5.

For those unable to visit in person, vote for a favorite tree online at www.chincoteaguemuseum.com

Be sure to check out the many other holiday events scheduled at the museum and the Beebe Ranch throughout December.

Presented by the Chincoteague Chamber of Commerce, the 44th annual Chincoteague Old Fashioned Christmas Parade kicks off the evening's festivities at 6 p.m., featuring the theme an "Out of this World Christmas."

Beginning at the corner of Main Street and Maddox Boulevard, the parade concludes at the old fire station, just past the corner of Main and Cleveland streets.

Rumor has it that Santa Claus will be making a surprise early stop on the Eastern Shore to attend the parade, along with a bevy of floats, decorated boats, area bands and marching units, equestrian teams including the Chincoteague Pony Drill Team, classic cars, and fire companies from across the Shore.

The Chincoteague Police Department will be collecting new, unwrapped toys during the parade for the annual Toy Drive.

After it concludes, be sure to stop by the Chincoteague American Legion Post 159, located at 4023 Main St., across from the old firehouse, for hot dogs, hot chocolate, and other refreshments provided by the Kiwanis Club of Chincoteague.

The rain date for the parade is Dec. 13.







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IMAGE COURTESY LAURA MCGOWAN

Self-driving

tour includes

Seascapes are among the works by Onancock artist Laura McGowan that will be on sale during the open studio tour Nov. 29 to 30. Laura McGowan Fine Art is in studio 114 of the Historic Onancock School in Onancock.

# Artisans Guild Studio Tour scheduled for Nov. 29-30

dozens of stops in Accomack, Northampton

Every year on Thanksgiving weekend, the Artisans Guild of the Eastern Shore of Virginia showcases its member artisans and their unique crafts and talents in a self-drive show and sale event.

This year's event will take place on Friday, Nov. 29, and Saturday, Nov.

30, from 10 a.m. to 5 p.m. each day. This is the 22nd annual Holiday Open Studio Tour.

There are two contests. Pick up a Passport to the Arts card at your first stop. Have it initialed at each tour stop. Then turn in your passport card to the artist at your final stop.

You will be in the drawing for certificates ranging from \$50 to \$300 to spend with your favorite artist on the tour.

The second event is the annual photo contest. Take photos throughout the day at tour stops and email your three favorite and most creative pho-

tos to photos@esvaartisansguild.org. First prize wins \$100, second prize wins \$50, and third prize wins \$25. The deadline for submitting is Dec. 6.

#### STUDIO NO. 1

Carole Peirson Fine Art Studio, 3214 Jacobia Lane, Cape Charles

- Carole Boggemann Peirson. Local scenes and colorful abstract work in oil and cold wax. 757-678-3340, artworkbycarole.com
- Dianne Hottenstein, Hottporcelain Ceramics. Functional, sculpural ceramics; unique surfaces. 757-573-7359

#### STUDIO NO. 2

Windsor Woodworks, Edwins Farm Drive and Lankford Highway, Cape Charles

- Kurt and Sally Lewin, Windsor Woodworks. Custom woodworking from fine furniture to cutting boards. 757-331-4848, windsorwoodworksva. com
- Kathy Grook, Sea Glass by Kathy. Unique sea glass and gifts, acrylic paintings. 757-752-1135
- Ray and Julita Wood, Gecko Pottery. One-of-a-kind decorative and functional handmade pottery. 757-331-4204
- Doug Brady. Hand-carved decoys, shorebirds, whales, clams, and oysters. 757-284-6658

#### STUDIO NO. 3

Noisy Crow Studio/ Shooting Star Studio, 5236 Mockhorn Bay Drive, Cape Charles

- Nancy A. Kinzinger, Noisy Crow Studio. Copper, brass, and sterling silver jewelry constructed from recycled metal. 757-641-8069 noisycrowstudio.com
- Brenda C. Wright, Shooting Star Studio. Art photography, leather cuffs created from upcycled leather belts. 757-641-8861 ShootingStar-Gallery.com

#### STUDIO NO. 4

JK Pottery, 4325 Wilsonia Drive, Machipongo

(Continued on page 36)

2024 Artisans Guild Holiday Tour

#### I. Carole Peirson Fine Art Studio

3214 Jacobia Lane Cape Charles, VA 23310 757-678-3340

#### 2. Windsor Woodworks

Edwins Farm Drive & Lankford Hwy Cape Charles, VA 23310 757-331-4848

#### Noisy Crow Studio/ Shooting Star Studio

5236 Mockhorn Bay Drive Cape Charles, VA 23310 Noisy Crow - 757-641-8069 Shooting Star - 757-641-8861

#### 4. JK Pottery

4325 Wilsonia Neck Drive Machipongo, VA 23405 303-681-4713

#### 5. Chatham Vineyards

9232 Chatham Road Machipongo, VA 23405 757-678-5588

#### 6. Elizabeth Rhoades Fine Art

9444 Quail Walk Belle Haven, VA 23306 860-841-3939

#### 7. Milby Barn Studio at Chatham Flower Farm

31094 Boggs Road Painter,VA 23420 508-524-5405

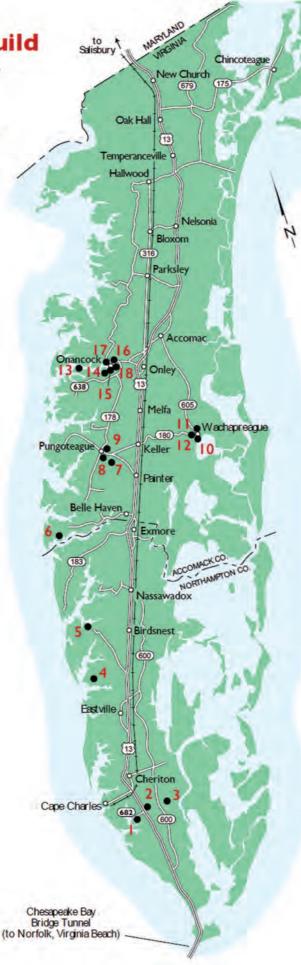
#### 8. High Point Glassworks

30389 Bobtown Road Pungoteague.VA 23422 757-442-7155

#### 9. Ocean Skye Gallery

15355 Pungoteague Road Pungoteague, VA 23422 757-442-2150

> Cartography by Bill & Colette Nelson



10. Lynne Rogers Studio

4 Center Street Wachapreague, VA 23480 757-710-5335

#### 11. Ann Crain Studio

3 Center Street Wachapreague, VA 23480 410-610-2007

#### 12. Carrie Jacobson Studio

18 Bayview Avenue Wachapreague, VA 23480 860-442-0246

#### 13. Bay Leigh Studio

23895 Bailey Neck Drive Onancock,VA 23417 484-999-4897

#### 14. Marsh Ryon Studio

18092 Leatherbury Drive Onancock,VA 23417 757-710-4659

#### 15. Morphosis Gallery

33 Market Street Onancock,VA 23417 757-710-8718

#### 16. Vesna Zidovec Studio

30 Kerr Street Onancock,VA 23417 757-678-3712

#### 17. Ker Place History Museum

69 Market Street Onancock, VA 23417 757-787-8012

#### 18. Historic Onancock School

6 College Avenue Onancock,VA 23417 757-302-1331

0 5 Miles

#### Guild tour

#### (Continued from page 34)

■ Jamie Kirkpatrick. Thrown/hand-carved sculptured vessels, glazed functional ware. 303-681-4713 <a href="https://www.jkpottery.com">www.jkpottery.com</a>

#### STUDIO NO. 5

Chatham Vineyards, 9232 Chatham Road, Machipongo

■ Jonathan and Mills Wehner. Wine and oysters offered, open daily year round. 757-678-5588 chatham-yineyards.com

#### STUDIO NO. 6

Elizabeth Rhoades Fine Art, 9444 Quail Walk, Belle Haven

■ Elizabeth Rhoades. Fine art landscape paintings in oil and pastel by renowned national artist. 860-841-3939 elizabethrhoades.com

#### STUDIO NO. 7

Milby Barn Studio at Chatham Flower Farm, 31094 Boggs Road, Painter

■ Kate Fitzpatrick, Milby Barn Studio. Oil painter of local landscapes, coastal and farmland. 508-524-5405, milbybarnstudio.com

■ David Justice. Sculptures designed, carved, painted, and inspired by the beauty of nature. 757-894-5638.

#### STUDIO NO. 8

High Point Glassworks, 30389 Bobtown Road, Pungoteague

■ Ken Platt. Hot glass with live demonstration. 757-442-7155, high-pointglassworks.com

#### STUDIO NO. 9

The Ocean Skye Gallery, 15355 Pungoteague Road, Pungoteague

■ Anne Winston. Working light, color, and life in mixed media. 757-710-3408 annewinstongallery.com

#### STUDIO NO. 10

Lynne Rogers Studio 4 Center St. Wachapreague

■ Lynne Rogers. Oil paintings,

sculptural details, mixed media. 757-710-5335 <a href="mailto:lynnerogers5.wixsite.com/lynne-rogers-art">lynne-rogers-art</a>

#### STUDIO NO. 11

Ann Crain Studio, 3 Center St., Wachapreague

■ Ann Crain. Mixed media with abstract thoughts, acrylics, oils, found objects, and more. 410-610-2007

#### STUDIO NO. 12

Carrie Jacobson Studio, 18 Bayview Ave., Wachapreague

■ Carrie Jacobson. Bright, bold oil paintings made with palette knife. Birds, florals, landscapes, animals, and more. 860-442-0246, jacobson-arts.com

#### STUDIO NO. 13

Bay Leigh Studio, 23895 Bailey Neck Dr., Onancock

■ Janis King, Bay Leigh Studios. Figurative sculptures and paintings, plus multimedia Santas. Demonstrations with clay. 484-999-4897 janiskingart.com

#### STUDIO NO. 14

Marsh Ryon Studio, 18092 Leatherbury Drive, Onancock

■ Marsh Ryon. Nature inspired artwork in a variety of media. 757-710-4659 <a href="https://www.marshryon.com">www.marshryon.com</a>

#### STUDIO NO. 15

Morphosis Gallery, 33 Market St., Onancock

■ Kynne Kretzer, Morphosis Creative. Sea glass mosaics and décor made with natural and recycled materials. 757-710-8718 morphosiscreative.com

■ Bill Kretzer, Morphosis Creative. Handmade electric guitars, basses, and electric upright basses. 504-301-5122 morphosiscreative. com

■ Daniel Jasper, Jasper Custom Guitar. Jasper Custom Guitar offers handcrafted, one-of-a-kind, acoustic, electric, and resonator guitars. 757-331-0141 www.jaspercustomguitar. com ■ Marsha Thomas, Leslie's Gift Jewelry. Handcrafted, one-of-a-kind jewelry. Authentic sea glass, gemstones set in fine and sterling silver. 757-710-5248

#### STUDIO NO. 16

Vesna Zidovec Studio, 30 Kerr St., Onancock

■ Vesna Zidovec. Handmade functional and decorative pottery. 757-678-3712, vesnazidovec.com

#### STUDIO NO. 17

Ker Place History Museum, 69 Market St., Onancock

■ Diana M. Davis. Award-winning watercolors depicting the Eastern Shore. 757-442-5359 <u>dianamda-viswatercolor.blogspot.com</u>

■ David Farlow, Seaside Decoys. Fourth-generation decoy carver in the Eastern Shore tradition. 757-442-9097

■ Douglas Greer, Greer Studio. Wildlife and landscape detail in acrylics and water-soluble oils. 757-710-1847, www.greerstudio.art

■ Alicia Dailey, Alicia Dailey Pottery and Art. Functional stonewear pottery with artwork of animals. 434-665-9876, www.aliciadaily.com

■ Melanie Widgeon Lewis. Acrylics, mixed media, and pyrography art, inpired by the Eastern Shore and also very eclectic. 757-710-2293, mwidgeonlewisartist.com

■ Katie Williams. Acrylic paintings inspired by life on the Eastern Shore and offshore. 757-350-1108, katiewilliams-artist.com

#### STUDIO NO. 18

Historic Onancock School, 6 College Ave., Onancock

■ Karyn Belknap, Ten Good Sheep Yarns and Natural Fibers, in studio 113. Perfect gifts and stocking stuffers and hand dyed yarn. 757-243-1400 TenGoodSheep.com

■ Mark Belknap, in studio 115. Hand-forged gifts and traditional decoys/shorebirds. 757-710-0496 www. ForestryandWildlife.com

■ Billy Crockett, Billy Crockett Carvings, in studio 117. Master carv-

er. 757-710-6669

■ Amy Felske, fiber sculpture, art dolls, original sewing patterns, doll making kits. 757-331-0776, incipientmadness.etsy.com

■ Gertraud Fendler, Wearable art made with authentic sea glass. 757-442-4430, www.sea-glass.girl.com

■ Donna Stufft, Painted Stitches. Art quilts, painted fabric embellished with thread sketching. 443-616-2665, www.paintedstitches.com

■ Sarah Jillard, Painted Stitches. Art quilts, painted fabric embellished with thread sketching. 856-340-2665, www.paintedstitches.com

■ Joel Simpson, Hand-carved utensils and turned bowls — functional art in wood 757-710-1822

■ Dawn Simpson, Optic Fibers Crochet. Charming stuffed creatures, wearables, accessories. 757-710-5917

■ Laura McGowan, Laura McGowan Fine Art, in studio 114. Original oil paintings inspired by the Eastern Shore. 757-710-7600, www.lauramcgowanfineart.com

■ John Labadie, Margie Labadie, Steppingstone Arts, in studio 105. A carefully rendered fantastic universe of colorful objects and spaces. Natural world collaged paintings, prints, and poetry; glass-beaded jewelry. 910-734-3223, <a href="https://www.steppingstonearts.com">www.steppingstonearts.com</a>.

■ Fred Leutner. Award-winning oil paintings. 757-442-7671, www. fredleutner.com

■ Stevon Sample, Dominion Multimedia LLC. Pen and ink, portraits, graphics dominiongraphicart@gmail.com 757-709-2569

■ Ginny Rutherford, Two Shores Art LLC. Handbuilt functional and decorative pottery inspired by nature. 609-385-3766.

■ Brenda Llewellyn, Llewellyn Ceramics. Porcelain and stoneware functional pottery of organic design. 240-478-7647

■ Deb Torguson, Collectors Portraits. Portrait artist and fine art photographer working in traditional and digital media. 757-710-0993, www.collectorsportraits.com

# Eastern Share Post

WEEKLY MARKETPLACE

CONTACT RYAN AT 757-789-7678 or ryan@easternshorepost.com

ANNOUNCEMENTS, BIRTHDAYS, THANK-YOUS, ANNIVERSARIES \$35 OR \$50 w/photo SELL YOUR CAR, TRUCK, BOAT, ATV, TRACTOR \$40 OR \$55 w/photo RUNS UNTIL SOLD YARD SALE LISTINGS AS LOW AS \$15 PER WEEK. DON'T MISS OUT

HELP WANTED | CLASSIFIEDS | ANNOUNCEMENTS | LEGAL NOTICES | DEADLINE NOON WEDNESDAY





#### Mr. Sandman

This precious animal is available for adoption at the SPCA in Onley. Stop by today to give a pet a forever home! 787-7385

Looking for a warm and cozy HOME with a price you can afford?

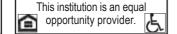
# Exmore Village I & II Apartments

(757) 442-9471 TDD 711

This institution is an equal opportunity provider.



Accomack Manor Apartments 26463 Metompkin Road Parksley VA 23421 757-665-5848 TDD 711



#### **Announcements**

# Congratulations on your retirement, Shirley!



Shirley Galloway is retiring after 42 years of dedicated service to Northampton County Health Department.

From Northampton County
Health Department,
members of First Baptist
Church, Cape Charles,
friends and coworkers,
your son, Angelo Galloway,
and your grandchildren,
Kayla, Jabria, Jalil, Jamal,
and Angelo Jr.

#### Help Wanted

Northampton County Sheriff's Office is accepting applications for:

# Jail Deputy at the Eastern Shore Regional Jail

Job will require shift work, nights, weekends and some holidays.

**Qualifications**: over the age of 21 and have high school diploma or GED.

**Benefits include**: VRS Retirement, Annual Leave, Sick leave, Paid Holidays, and Health Insurance Applications may be obtained from the Eastern Shore Regional Jail, 5245 The Hornes, Eastville, Va. 23347 or online at <a href="https://tinyurl.com/5n6epayy">https://tinyurl.com/5n6epayy</a>

Open until filled.

## Apply in person at the Eastern Shore Regional Jail

Northampton County is an Equal Opportunity Employer.

www.easternshorepost.com

#### **Help Wanted**

Want to be part of a Caring, Professional, Innovative, Inclusive company?

Join the ESCSB! Offering a 32-hour work week with full-time pay and benefits.

The Eastern Shore Community Services Board is seeking candidates for the following positions:

#### \$1,000 Sign-On Bonus:

Clubhouse/Psychosocial Rehab Counselor Emergency Services Clinician Developmental Disabilities Aide (\$13.00-\$15/00/hour-\$2.50/hr night & wkend differential) Clinician

For more information or to apply, please visit the ESCSB's website at www.escsb.org



"We passionately believe in the potential of all."

Innovative, Inclusive, Caring, Professional





#### OFFICE SERVICES SPECIALIST POSITION #00792

The Eastern Shore Health District is seeking an Office Services Specialist (OSS) to provide office support for clinical and administrative programs at the Northampton County Health Department. Typical assignments may include work in maternity, immunization, and/or family planning programs.

For detailed job information or to apply, visit <a href="http://jobs.virginia.gov/">http://jobs.virginia.gov/</a> Virginia Department of Health (VDH) accepts only online applications; apply by December 8, 2024, 11:55 pm. EEO.

Accomack County Sheriff's Office is accepting applications for the following positions: Full-Time Certified Law Enforcement Officer and Full-Time Correctional Officer and Full-Time Dispatcher. Applications may be obtained from the Accomack County Sheriff's Office or online at <a href="https://www.accomackcountysheriffsoffice.org">www.accomackcountysheriffsoffice.org</a> Open until filled. Accomack County Sheriff's Office is an Equal Opportunity Employer.

#### **Help Wanted**

#### **FULL-TIME & PART-TIME COMMUNICATIONS OFFICER**

Northampton County Sheriff's Office is accepting applications for a full-time or part-time Communications Officer. Job does require shift work, nights, weekends, and some holidays.

**Qualifications:** Over the age of 18 and have obtained a high school diploma or GED. This full-time position is open to both certified and non-certified applicants; however, all part-time applicants are required to be certified prior to applying.

Applications may be obtained from Northampton County Sheriff's Office, 5211 The Hornes, Eastville, VA 23347 or County's website.

Open until filled, EOE,

#### NORTHAMPTON COUNTY DEPARTMENT OF SOCIAL SERVICES

FAMILY SERVICES SPECIALIST II -ADULT PROTECTIVE SERVICES

Requisition number: 3440

Starting salary: \$36,993 - \$55,000 (Starting salary is contingent upon experience and budgetary constraints)

Background & DMV checks conducted.

The position is open until filled.

Apply online at https://tinyurl.com/2p9h7kd9

#### NORTHAMPTON COUNTY SHERIFF'S OFFICE IS **ACCEPTING EMPLOYMENT APPLICATIONS FOR:**

#### LAW ENFORCEMENT OFFICER

Job will require shift work, nights, weekends, and some holidays.

Qualifications: Over the age of 21 and have obtained a high school diploma or GED.

Applications may be obtained from the Northampton County Sheriff's Office located at 5211 The Hornes, Eastville, VA 23347 or the County's website.

Northampton County is an Equal Opportunity Employer.

#### Fiscal Technician I - Circuit Court Clerk's Office F/T position with benefits

ACCOMACK CUNTY Virginia

Open Until Filled Salary: \$44,937 to \$47,000 depending on experience

Accomack County is currently recruiting for a full-time Fiscal Technician in the Circuit Court Clerk's Office.

**Description:** This is a new position responsible for tasks related to the financial activity of the Clerk of the Circuit Court office. This position performs daily reconciliation of ACH processing, disbursement and accounting of the state and local funds, reviews the financial transactions of department to ensure accuracy and compliance, ensures financial accountability within the office; as well as provides general office support such as mail processing, supplies and bill processing when needed.

**Qualifications:** A high school diploma or GED supplemented by three (3) to five (5) years of experience and/or training that includes bookkeeping or data entry experience, record keeping, and daily office management; or an equivalent combination of education, training, and experience. Associate degree; supplemented by six (6) or more years of related experience preferred. Bilingual capabilities a plus.

Satisfactory completion of a background check and pre-employment drug screening are required prior to employment. Application and instructions can be obtained from the County's website: http://www.co.accomack. va.us/residents/job-opportunities

First consideration will be given to applications received prior to 4:30 p.m. on Thursday, December 5, 2024.

> Accomack County is committed to an inclusive and diverse workforce.

# ACCOMACK CUNTY Virginia

#### Procurement Specialist I F/T position with benefits **Open Until Filled**

Accomack County is currently recruiting for a full-time Procurement Specialist I in the Accomack County Finance Department. The position is responsible for administrative expertise and support for the purchasing/ procurement activities of the County. Additional duties include administrative support for risk management activities and other ancillary services as assigned to the Procurement unit of the Finance Department. The position also compiles and submits required reports. Minimum qualifications are: Associate degree in business or administrative technologies; supplemented by 1 to 3 years previous experience and/or training involving procurement, or contract bids; or an equivalent combination of education, training, and experience. Preferred Qualifications: Bachelor's degree in accounting or business or relevant field of study, three (3) years direct experience in procurement, supply chain management or sourcing and work in local, or state government setting. VCA or VCO Certification through the Virginia Institute of Procurement.

Satisfactory completion of a background check and pre-employment drug screening are required prior to employment. Application and instructions can be obtained from the County's website: http://www.co.accomack. va.us/residents/job-opportunities

First consideration will be given to applications received prior to 4:30 p.m. on Thursday, December 5, 2024.

> Accomack County is committed to an inclusive and diverse workforce.

#### **OPEN POSITIONS**

Northampton County has the following open position in the Planning, Permitting and Enforcement Department:

· Building Inspector

Please refer to Northampton county's website at https://tinyurl.com/yezes6ra for further position descriptions. Please submit a completed County application with cover letter to Human Resources. Position open until filled.

#### ACCOMACK C\*UNTY Virginia

**Deputy Registrar** F/T position with benefits | Open Until Filled Starting Salary: \$35,924 - \$41,050 (based on experience)

Accomack County is currently recruiting for a full-time Deputy Registrar in the Office of the Registrar. The position is responsible for performing a variety of data processes and customer service duties for the Registrar's office. Excellent front desk service skills and ability to maintain confidentiality in an office setting are a must. This position also requires a high degree of accuracy and attention to detail and strong proofreading skills.

Minimum Qualifications: A high school diploma or GED; supplemented by vocational/technical training in business, or data processing; or an equivalent combination of education, training, and experience. *Preferred qualifications* are: bi-lingual capabilities, strong data management skills and familiarity with the voting process. This position also requires evening or weekend hours during certain periods of the election cycle.

Satisfactory completion of a background check and pre-employment drug screening are required prior to employment. Application and instructions can be obtained from the County's website: <a href="http://www.co.accomack.">http://www.co.accomack.</a> va.us/residents/job-opportunities

First consideration will be given to applications received prior to 4:30 p.m. on Thursday, December 5, 2024

> Accomack County is committed to an inclusive and diverse workforce.

#### **Help Wanted**

**MILLWRIGHTS** -PIPE FITTERS/WELDERS MAINTENANCE MECHANIC \* MIG - TIG - STICK  $\boldsymbol{*}\operatorname{FT}\operatorname{-}\operatorname{PT}$  & Weekends \*Exp'd only.

\* Valid Driver's License and Transportation. Day shift and night shift positions. DOUĞLAS REPAIRS, INC., SNOW HILL, MD. Call 410-632-1346 or 443-783-4125.

CUSTOMER SERVICE REP - ESVBA has a job opening! Apply on our website: esvba.com

#### **Produce**

Turnip greens, curly kale, collard greens, mustard greens: \$15/bushel. Beauregard red sweet potatoes: \$16/box. White potatoes, 50 lb. bag: \$15. White Hayman sweet potatoes. Please call 410-603-7205.

#### **Firewood**

SEASONED OAK AND CHERRY FIREWOOD CUT 16"-18" - Call 757-678-2566.



Find what you're looking for in the classifieds! Help wanted, yard sales, vehicles, housing, services. pets, and more!

#### **Services**

DIVORCE uncontested \$475 + \$86 costs. Contested divorces also handled. WILLS \$295. Hablo español, Hilton Oliver, Attorney. 757-490-0126. hilton@ hiltonoliverattorneyva.com

#### SIMPSON TREE & **BOBCAT SERVICE**

Tree trimming, removal and stump grinding. Call 757-710-8477. FREE ESTIMATES. We accept credit cards.

BUSH HOGGING - Servicing lower Accomack and Northampton counties. Call or text 757-695-6202 for fast quote.

VINTAGE COINS AND JEWELRY is now located in Antique Addicts in Painter. Thurs. to Sun. from 10 a.m. to 5 p.m.





Pine, Oak, Walnut, Cherry and more for sale. Rough cut or planed available or we saw your logs. Portable Sawmill.

757-331-4848

#### Rentals - Houses

NUEVA Casa- 3 Recamaras, 2 Banos Solo \$500 Deposito - Llame para los requisitos: 302-846-9100.

NEW 3BR, 2BA \$500 DEPOSIT CALL FOR DE-TAILS: 302-846-9100.





**TONY'S TREE SERVICE** COMPLETE TREE REMOVAL

**14319 DEER PATH** HALLWOOD, VA 23359 757) 990-1131

Residential • Commercial FREE Estimates • Stump Grinding Stump Removal • Lot Clearing • Excavation Licensed and Insured

#### **Real Estate**

WE BUY LAND!!! Call Clayton Homes for more information. 302-846-9100.

#### Farm & Lawn **Equipment**

1953 ANNIVERSARY JU-BILEE 600 FORD TRAC-TOR - \$3,500. 442-7507.

#### Feed & Seed

HORSE HAY for sale and STRAW for sale. Call 757-824-3930 or call 757-894-1339 (cell).

#### **Mobile Homes**

READY TO MOVE INTO!!! 3 Bedroom, 2 Bath, Partially Furnished. Call for more details 302-846-9100.

WE PAY TOP DOLLAR FOR USED HOMES AND TRADE-INS!!! Call for evaluations 302-846-9100.





#### Cars, Trucks, ATVs, RVs, **Parts**

4 PIECE SET - 2021 to 2023 Ford Maverick pickup 17" aluminum XLT standard rims. As new condition. \$300. Call 757-442-5459 after 5 p.m.

INTERNATIONAL 2012 PROSTAR - 450hp, 10 speed manual, many upgrades, 487k miles, ready to work, \$15k OBO call 757-302-3222.

'99 ISUZU RODEO - V6, 120k miles, 4WD, new trans., clean, \$3,000. 757-829-8303.

2007 F-150 V6 - 180k miles, large camper shell w/ ladder racks & lockable back doors. \$4,000. 757-993-0716. Leave a message.



#### **FULL SIZE** 90 FORD BRONCO 5.8 **4 WHEEL DRIVE** W/ 6-INCH LIFTS

127k miles **Automatic transmission Exterior color: Black** Interior color: Blue Fuel type: Gasoline Very good condition Clean title. Runs great. New fuel pump, new water pump, new battery, good tires, new quarter panel (if desired), and soft top. Interior very clean. No A/C. \$11,400

Contact Don 305-395-2400. Leave a message.



#### **2006 ACURA MDX-SHAWD**

Nav/Ent/Leather New tires/shocks/ AC pump Drives like new. \$5,000 757-999-4140



#### 2009 SUBURBAN Z71

Leather interior; 3 rows of seats; 1 owner.

\$8,995

757-709-8271

Is your business hiring? Place a help wanted ad for as little as \$15! Call 757-789-7678.



Thanks for reading the Eastern Shore Post!

Boats, Etc.

TRAILER - New and used. 757-588-1950. No calls after

21' SAN JUAN SAILBOAT

- From 1970s. Comes with

sails & motor, FREE, Con-

tact Sophie at 304-421-2374

19' DLX Skiff

w/ new

60 HP Suzuki,

boat cover,

Load Rite trailer.

\$14,900.

Leave message

757-710-5175.

or sschwar3@gmail.com

**BOAT** 

LOADMASTER

7 p.m.



Currently winterized for 2024/2025 season.

\$17.500 Call 856-217-6263. Must leave voice message if interested.

CAROLINA SKIFF

178 DLV

Purchased by sole owner new

in October 2016.

90 HP Yamaha Outboard Motor,

Load Rite Trailer, Black Bimini

Top, Garment 54 DV.

Low motor miles, rarely used.

Got a vehicle for sale? Place an ad until it sells for a one-time fee of \$40 (\$55 w/photo). Call 757-789-7678.



#### **Godfrey Sweetwater** 20 ft pontoon boat w/ Mercury motor

Boat & motor have 61 hrs. Paid \$32,000 in 2017. Has 2 axle trailer.

\$20,000 OBO.

Call Mike 717-554-2603.



#### Classic '77 Wellcraft V20 with '21 Suzuki 150

(30 hrs runtime), new hydraulic wheel steering. bimini canvas top. on '21 Vantage trailer

\$16,500 757-331-0315



#### FREE 1998 27' Regal Commodore

**Need 3-axle trailer** to move. Will make a good house boat; sleeps 6; 1/2 bath and kitchen. Must see to appreciate. Call (757) 470-8385.

#### Misc. For Sale

FRANCISCAN APPLE - 81 PIECE Dinnerware: Plates, bowls, salvers, platters, cups, tea service, S&P, butter \$350/OBO. Call 757-336-6792.

#### Place an Ad

WANT TO PLACE AN AD? Contact Ryan at the Post. A 5-line ad like this one costs only \$15. Call 757-789-7678. ryan@easternshorepost.com



#### SHERATON STYLE WALNUT HUNTBOARD

Gallery back with star inlay. Satinwood banding and escutcheon on drawer. One long drawer and two side drawers. Arched apron and tapered and reeded legs. Circa 1820.

Length: 55 1/2"; Depth: 21"; Height: 49 1/2"

This antique huntboard was part of the Althea and Bootie Shelton estate. It is still located at the Happy Union Farm in Nassawadox.

It was appraised by a professional antique appraiser for \$15,000.

I will accept any reasonable offer. Delivery is not available. It will need to be picked up upon arrangements.

Would the gentleman that made me an offer on this huntboard please call me? I have misplaced your phone number. Thank you! Gina

Call 757-434-2255

#### **Strange But True**

By Lucie Winborne

- \* The more things you have in your refrigerator, the more energy-efficient it is.
- \* Newborn babies can only see in black and white for a few months.
- \* 70% of the dirt on your clothes is invisible.
- \* Some scientists believe that dogs can tell when you're coming home by how much of your scent is left in the house.
  - (c) 2024 King Features Synd., Inc.

# Legal Ads



#### ACCOMACK COUNTY BOARD OF SUPERVISORS Public Hearings Schedule December 18, 2024

The Accomack County Board of Supervisors will hold its regular meeting on Wednesday, December 18, 2024, at 5:00 p.m at the Chincoteague Volunteer

Fire Company, 5052 Deep Hole Road, Chincoteague, VA.

A Public Hearing will be held at 6:00 p.m. to afford interested persons the opportunity to be heard or present written comments on the following matter(s):

AN ORDINANCE REPEALING ARTICLE III AND ARTICLE IV OF CHAPTER 38 OF THE ACCOMACK COUNTY CODE, ENTITLED "ENVIRONMENT," AND TO RE-ENACT ARTICLE III WITH NEW PROVISIONS GOVERNING THE COUNTY'S EROSION AND STORMWATER MANAGEMENT PROGRAM, AS REQUIRED BY STATE LAW. Receive public comment on Comprehensive Amendments to the Erosion and Stormwater Management Ordinances needed to align with state law.

Any citizen wishing to view documents, submit a comment, having questions, or needing special assistance for the disabled, may contact the County Administrator's Office:

Mike Mason: (757) 787-5700 / 824-5444 or administration@co.accomack.va.us

County's electronic Board Agenda at: <a href="https://go.boarddocs.com/va/coa/Board.nsf/Public">https://go.boarddocs.com/va/coa/Board.nsf/Public</a>

Live Meeting Audio: <a href="https://tinyurl.com/3d3ctfnp">https://tinyurl.com/3d3ctfnp</a>

#### PUBLIC NOTICE

A public hearing will be held by the Virginia Marine Resources Commission (VMRC) beginning at 9:30 a.m. on Tuesday, December 3, 2024, to consider an application submitted by NASA GSFC Wallops Flight Facility (VMRC #24-1660) requesting a permit from the Virginia Marine Resources Commission to conduct three (3) barge landing tests on the beach adjacent to Launch Pad O-B for the transport of rocket components to the flight facility situated along the Atlantic Ocean in Accomack County.

If you wish to view the application and/or drawings please visit <a href="https://webapps.mrc.virginia.gov/public/habitat/">https://webapps.mrc.virginia.gov/public/habitat/</a> and search for application number 2024-1660.

#### NOTICE OF PUBLIC HEARING

The Northampton County Board of Supervisors will conduct a public hearing at 6:00 p.m., Tuesday, December 10, 2024, in the Board Room of the County Administration Building, 16404 Courthouse Road, Eastville, Virginia, to receive public comment on the following ordinance:

# AN ORDINANCE ENTITLED "NORTHAMPTON COUNTY SHORT TERM RENTAL REGISTRY"

The purpose of this amendment is to establish a Short-Term Rental Registry for short-term rental facilities within the County.

This proposed ordinance is available for review at the County Administrator's office, 16404 Courthouse Road, Eastville, Virginia, during normal business hours. Anyone interested in the above matter should attend the public hearing to express their views.

HANDICAPPED ASSISTANCE AVAILABLE: Call 757-678-0440

Charles Kolakowski, County Administrator

#### RLD BLOXOM, LLC trading as Bloxom Mini Mart 25641 Shore Main Drive, Bloxom Accomack County, Virginia 23308-2811

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY

for a Convenience Grocery Store; beer, wine; off-premises consumption license to sell or manufacture alcoholic beverages.

#### Radek Juran

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at <a href="https://www.abc.virginia.gov">www.abc.virginia.gov</a> or 800-552-3200.

#### PUBLIC NOTICE

The Northampton County Board of Supervisors will meet on Tuesday, December 10, 2024, at 6:00 p.m. in the Board Chambers located at 16404 Courthouse Road in Eastville, Virginia, to conduct a public hearing on the following matter:

Minor SUP 2024-11: Ryan S. Baines & Corey M. Baines (property owners) are applying for a minor special use permit for a Manufactured, Single-Wide Mobile Home, a use requiring a special use permit in the V/R (Village/Residential) zoning district. The property is located at 6200 Bayside Road, Exmore, VA and is further described as Tax Map 15-3-B.

The application is on file and open to public inspection in the Planning, Permitting & Enforcement Office and the County Administration Office, both located at 16404 Courthouse Road, Eastville, Virginia.

Anyone wishing to comment on the above items is invited to attend the meeting and make their comments known. Written comments can be submitted to the County Administration Office, P.O. Box 66, Eastville, VA 23347, and via email to jwilliams@co.northampton.va.us.

Handicapped assistance available: Please telephone (757) 678-0440 at least 48 hours in advance.



#### PUBLIC HEARING

The Town of Chincoteague is considering an application to the Department of Wildlife Resources for the establishment of no wake zones to be located on Assateague Channel from Tom's Cove Aquafarms to Sheepshead Creek and on Chincoteague Channel from the southern point of Marsh Island to the north end of Lewis Creek.

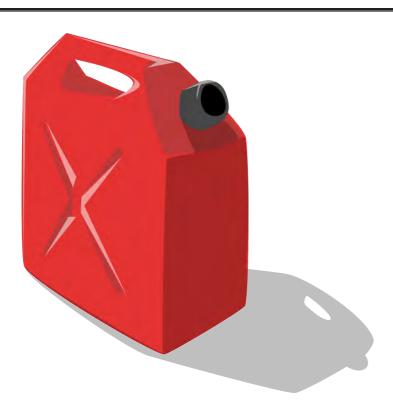
The Town of Chincoteague will conduct a public hearing on December 2, 2024, at 7:00 PM in the Council Chambers located at 6150 Community Drive, Chincoteague, VA 23336 to hear comments in reference to this application. All interested parties should plan to attend.

Written comments can be addressed to Michael Tolbert, Town Manager, at the above address or via email to <a href="mailto:mtolbert@chincoteague-va.gov">mtolbert@chincoteague-va.gov</a>.

# Legal Ads

	COMMISSIONER'S SALE OF VALUABLE REAL ESTATE crees of the Circuit Court of the County of Accomack, Virginia entered ecified herein, the following real estate will be sold at public auction	PARCEL 11:	ACCOMACK COUNTY vs. ROBERT W. HARPER/RUTH W. WATKINS MAP NO. 02700A000006100 30448 GRETA ROAD APPROXIMATELY 0.25 ACRE, MORE OR LESS				
on Tuesday, De Courthouse Ave	cember 17, 2024, at the Accomack County Circuit Courthouse, 23316 enue, Accomac, VA 23301 at 12:00 p.m., to-wit:	PARCEL 12:	ACCOMACK COUNTY vs. RHONDA JOHNSON MAP NO. 022A00100000100 ON MATTHEWS ROAD				
PARCEL 1:	ACCOMACK COUNTY vs. KENNETH E. BAKER, JR./DEAN COCKEY MAP NO. 005A70200011200 LOT 112, SECTION 12, CAPTAIN'S COVE	PARCEL 13:	LOTS 1, 2, 4 - 6 AND 8 - 25, SECTION 1, PEFLEYS BEACH ACCOMACK COUNTY vs. ROGER L. MILLS				
PARCEL 2:	ACCOMACK COUNTY vs. NELLIE BULL MAP NO. 109A00100000800 OFF BOSTON ROAD (2 PARTS)		MAP NO. 062A1A0000229A0 4428 PARKER LANE; TOWN OF TANGIER APPROXIMATELY 0.25 ACRE, MORE OR LESS MOBILE HOME DOES NOT CONVEY				
PARCEL 3:	ACCOMACK COUNTY vs. BRENDA L. DANIELS MAP NO. 005A50200000600 LOT 6, SECTION 6, CAPTAIN'S COVE	PARCEL 14:	ACCOMACK COUNTY vs. SUSAN P. MURTAUGH MAP NO. 022A00100000700 OFF MATTHEWS ROAD LOT 7, SECTION 1, PEFLEYS BEACH				
PARCEL 4:	ACCOMACK COUNTY vs. BRENDA L. DANIELS/LESLIE B. EVANS MAP NO. 005A40100192900 LOT 1929, SECTION 4, CAPTAIN'S COVE	PARCEL 15:	ACCOMACK COUNTY vs. JONATHON C. PARKS MAP NO. 121A0A000000400				
PARCEL 5:	ACCOMACK COUNTY vs. BRENDA L. DANIELS/ SHANNON C. JOHNSON		19625 QUINBY BRIDGE ROAD APPROXIMATELY 0.50 ACRE, MORE OR LESS				
	MAP NO. 005A40100226200 LOT 2262, SECTION 4, CAPTAIN'S COVE	PARCEL 16:	ACCOMACK COUNTY vs. VINCENT A. ROSE MAP NO. 092000500A0001A 27202 PINE RIDGE DRIVE				
PARCEL 6:	ACCOMACK COUNTY vs. GREGORY GONZALEZ MAP NO. 005A40300254500 LOT 2545, SECTION 5, CAPTAIN'S COVE	PARCEL 17:	APPROXIMATELY 1.03 ACRES, MORE OR LESS ACCOMACK COUNTY vs. SCOTT C. SPANGLER				
PARCEL 7:	ACCOMACK COUNTY vs. GREGORY GONZALEZ MAP NO. 005A50300001200 LOT 12, SECTION 8, CAPTAIN'S COVE	11110111	MAP NO. 029A10400004300 AND 029A10400004400 LOTS 43 AND 44, UNIT IV, CHINCOTEAGUE BAY TRAILS END MOBILE HOME DOES NOT CONVEY				
PARCEL 8:	ACCOMACK COUNTY vs. GREGORY GONZALEZ MAP NO. 005A60100022800 LOT 228, SECTION 7, CAPTAIN'S COVE	PARCEL 18:	ACCOMACK COUNTY vs. PHILLIP WESLEY WILLIAMS MAP NO. 03900A00004400 9315 MARSH MARKET ROAD APPROXIMATELY 0.28 ACRE, MORE OR LESS				
PARCEL 9:	ACCOMACK COUNTY vs. GREGORY GONZALEZ MAP NO. 005A60200015500 LOT 155, SECTION 10, CAPTAIN'S COVE		MOBILE HOME DOES NOT CONVEY ale shall be cash or a deposit of 25% of the bid price with the balance				
PARCEL 10:	ACCOMACK COUNTY vs. GREGORY GONZALEZ MAP NO. 005A70100002500	due in ten day: Additional ter Each sale shal	s. ms will be announced at the sale. l be subject to confirmation by the Court.				
	LOT 25, SECTION 13, CAPTAIN'S COVE	JAMES W. ELLIOTT Special Commissioner 7100 U. S. Route 17 Yorktown, VA 23692 (757) 898-7000 www.vataxsale.com					





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#### **Sports Trivia**

#### By Ryan Berenz

- 1. He played wide receiver at Notre Dame and was drafted by the Green Bay Packers in 2018. His younger brother played wide receiver at USC and was drafted by the Detroit Lions in 2021. Who are they?
- 2. What St. Louis Cardinals outfielder hit four home runs and tied the Major League Baseball record for RBIs in a single game with 12 during a 15-2 win over the Cincinnati Reds in 1993?
- 3. In January 1920, Joe Malone of the Quebec Bulldogs set the still-standing NHL record of goals scored in a single game with how many?
- **4.** In 2017, what NBA player released the Big Baller Brand ZO2 athletic shoe with a price tag of \$495?
- 5. Name the LPGA Tour golfer who became the youngest player to claim a major tournament title when she won the 2007 Kraft Nabisco Championship at age 18.

1. Equanimeous and Amon Ra St. Brown 2. Mark Whiten 4. Lonzo Ball 5. Morgan Pressel (c) 2024 King Features Syndicate, Inc.

Answers

# Legal Ads

#### PUBLIC NOTICE

The Northampton County Planning Commission will meet and conduct public hearings on Tuesday, December 17, 2024, at 6:00 p.m. in the Board Chambers located at 16404 Courthouse Road in Eastville, Virginia. The purpose is to conduct regular business and review the following applications to forward recommendations to the Board of Supervisors or Eastville Town Council, as applicable.

The Eastville Town Council will meet jointly with the Planning Commission at the same time and place to discuss ZTA 2024-07.

ZTA 2024-07: The Town of Eastville is proposing a Zoning Text Amendment to amend the following articles of the Eastville Zoning Ordinance: Article II – In General; Article II – Definitions; Article III – Nonconforming Uses and Vested Rights; Article IV – Administration and Enforcement; Article V – Amendments and Appeals; Article VI – Board of Zoning Appeals and Variances; and Article VII – Zoning Guidelines and Conditional Zoning. Proposed amendments to the various articles are intended to clarify regulations, ensure consistency and proper reference to the Code of Virginia, and to make typographical and grammatical corrections. Some amendments to terms and definitions, provisions for nonconforming uses and vested rights, administration and enforcement, amendments and appeals, and board of zoning appeals and variances are or may be regulatory in nature, and alter existing or propose new processes and procedures.

Immediately thereafter the Planning Commission will continue with the following public hearing:

Major SUP 2024-12: Jason Hahn is applying for a major special use permit to develop a rustic campground, a use requiring a special use permit in the TE-1 (Town Edge-1) zoning district. The proposed rustic campground would consist of four campsites and associated uses and structures. The property is located at 22464 Bayview Circle, Cape Charles, VA and is further described as Tax Map 84G-1-A1.

The application, as well as the full text of the proposed amendment, are on file and open to public inspection in the Office of Planning, Permitting, and Enforcement located at 16404 Courthouse Road, Eastville, VA, and can be viewed electronically at <a href="https://go.boarddocs.com/va/northco/Board.nsf/Public">https://go.boarddocs.com/va/northco/Board.nsf/Public</a>

Anyone wishing to comment on the above items is invited to attend the meeting and make their comments known. Written comments can be submitted to the Office of Planning, Permitting, and Enforcement//P.O. Box 538//Eastville, VA 23347, and via email to <a href="mailto:olivia.bennett@co.northampton.va.us">olivia.bennett@co.northampton.va.us</a> for consideration at the December 17, 2024, Planning Commission meeting.

Handicapped assistance available: Please telephone (757) 678-0440 at least 48 hours in advance.

#### **Strange But True**

By Lucie Winborne

\* Dr. Seuss coined the word "nerd." The term originated in the 1950 book "If I Ran the Zoo." The sentence goes: "And then, just to show them, I'll sail to Ka-Troo. And bring back an IT-KUTCH, a PREEP and a PROO, a NERKLE, NERD, and a SEERSUCKER, too!"

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### PUBLIC RECORDS

#### Eastern Shore Post

#### Marriage Licenses

■ Arthur Jerel Risser III, 33, and Stephanie Michele Cox, 37, both of Chesapeake

#### Northampton **Property Transfers**

- From Frank and Andrea Giardina To Carol and Harold Demme III Unit 5-118, Building 5, Fairways I condominium, Cape Charles For \$465,000
- From Nancy Knight To Donald and Claire Neubert Lot 66, Cape Charles For \$189,900
- From Mark and Allison Guinn To Ruiz Homes & Investment LLC Lot 67, Parcel I, Bay Creek, Cape Charles For \$68,500

- From Thomas Smith and Gary Onley To James Bishop and Robin Von Hollen Lot 24. Exmore For \$5.000
- From Lillian Upshur-Campbell and Joseph and Julius Robinson To Eastern Shore Rentals LLC Lot. 1/2 acre, near Birdsnest For \$52,500
- From Bay Creek Development LLC To Troy and Erika Miles Lot B-334, Bayside Village, Bay Creek, Cape Charles For \$345,000
- From Jon and Mariaelena Beauchamp To Jeffrey and Mary Puckette Lot 189, Cape Charles For \$560,000
- From Dominic and Brenda Taddeo To Stephen and Katherine Rogge Lot 26, The Colony at Bay Creek, Cape Charles For \$525,500

- From Lawrence Collins Jr. and Claire Mae Collins, heirs To Solutions Home Buyers LLC Lot 6, Bayview For \$10.000
- From Ballard Brothers Fish Company Incorporated To Daniel and Kathleen Brewster Lots 5 to 9. Ballard Farm, Willis Wharf For \$50,000

#### Accomack **Property Transfers**

- From Gateway Resort Properties LLC To Charles Russell Spicer .346 acres, North Main Street, Chincoteague For \$399,000
- From NKM Properties LLC To Hannah Duston and Dakota Barnes 19601 Quinby Bridge Road For \$234,500

- From Patriot Houe 1776 LLC To Robin R. Kline and John M. Kline 6228 Sharpley St., Chioncoteague For \$124.800
- From Susan E. Pullen and Paul L. Pullen To Heather Hill Falkoff and Paul Falkoff 31388 Cedar View Road, Painter For \$82,000
- From Gloria A. Justice To Liliana Ramos Enriquez and Itzel Martinez 23531 Lee Mont Road, Parksley For \$135,000
- From Carol Ann Hastings and Mark Hastings To Nuncio Nicholas Savoy Unit 103, 6570 Coach's Lane, Chincoteague For \$135,000
- From Aniali Phukan Chatelle and Mark Q. Chatelle To Rita Ann Paul and Kevin J. Paul 3601 Captains Corridor, Greenbackville For \$265,000

The Chincoteague Volunteer Fire Company will be accepting forms to apply for 2025 Ambulance Insurance. The cost is \$175.00 per year and covers everyone in the household that is claimed on the applicants income taxes.

This insurance is open to all *Chincoteague* residents or those Chincoteague property owners from other states. The form may be picked up at the Chincoteague fire station or downloaded and printed from the CVFC website.

We ask that you provide your insurance information on the form as your insurance carrier will be invoiced. With CVFC Ambulance Insurance any extra charges will be written off of

your invoice. Please don't hesitate, this is a wise coverage to have with the rising costs of health care.

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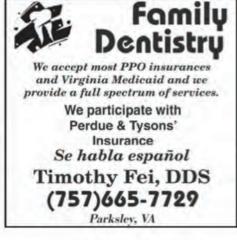
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# Seaside Bayside

		Friday Nov. 29		Saturday Nov. 30		Sunday Dec. 1		Monday Dec. 2		Tuesday Dec. 3		Wednesday Dec. 4		Thursday Dec. 5
Assateague Beach	H L	6:40 p.m. 1:06 p.m.	H L	7:06 a.m. 1:46 p.m.	H L	7:47 a.m. 2:26 p.m.	H L	8:29 a.m. 3:08 p.m.	H	9:12 a.m. 3:52 p.m.	H L	9:56 a.m. 4:38 p.m.	H L	10:42 a.m. 5:28 p.m.
Chinco. Channel	H L	6:46 p.m. 1:01 p.m.	H L	7:07 a.m. 1:43 p.m.	H L	7:48 a.m. 2:24 p.m.	H L	8:29 a.m. 3:06 p.m.	H	9:12 a.m. 3:48 p.m.	H	9:56 a.m. 4:32 p.m.	H L	10:43 a.m. 5:19 p.m.
Gargatha Neck	H L	7:21 a.m. 1:45 p.m.	H L	8:02 a.m. 2:25 p.m.	H L	8:43 a.m. 3:05 p.m.	H L	9:25 a.m. 3:47 p.m.	H L	10:08 a.m. 4:31 p.m.	H	10:52 a.m. 5:17 p.m.	H L	11:38 a.m. 6:07 p.m.
Folly Creek	H	7:14 a.m. 1:30 p.m.	H L	7:55 a.m. 2:10 p.m.	H	8:36 a.m. 2:50 p.m.	H	9:18 a.m. 3:32 p.m.	H	10:01 a.m. 4:16 p.m.	H	10:45 a.m. 5:02 p.m.	H	11:31 a.m. 5:52 p.m.
Wachapreague	H L	6:50 a.m. 1:06 p.m.	H L	7:34 a.m. 1:51 p.m.	H L	8:19 a.m. 2:33 p.m.	H	9:04 a.m. 3:15 p.m.	H	9:47 a.m. 3:56 p.m.	H	10:29 a.m. 4:39 p.m.	H L	11:13 a.m. 5:26 p.m.
Quinby Inlet	H	6:40 p.m. 12:45p.m.	H L	7:06 a.m. 1:25 p.m.	H	7:47 a.m. 2:05 p.m.	H	8:29 a,m. 2:47 p.m.	H	9:12 a.m. 3:31 p.m.	H	9:56 a.m. 4:17 p.m.	H	10:42 a.m. 5:07 p.m.
Machipongo	H L	6:55 a.m. 1:14 p.m.	H L	7:36 a.m. 1:54 p.m.	H L	8:17 a.m. 2:34 p.m.	H L	8:59 a.m. 3:16 p.m.	H	9:42 a.m. 4:00 p.m.	H L	10:26 a.m. 4:46 p.m.	H L	11:12 a.m. 5:36 p.m.
Tangier Sound Light	H	10:30 a.m. 5:10 p.m.	H L	11:06 a.m. 5:50 p.m.	H	11:43 a.m. 6:29 p.m.	H	12:21 p.m. 5:59 a.m.	H	1:03 p.m. 6:36 a.m.	H	1:47 p.m. 7:19 a.m.	H L	2:35 p.m. 8:11 a.m.
Muddy Creek	H L	10:56 a.m. 5:58 p.m.	H L	11:35 a.m. 6:36 p.m.	H L	12:13 p.m. 7:12 p.m.	H	12:52 p.m. 6:53 a.m.	H	1:32 p.m. 7:33 a.m.	H	2:15 p.m. 8:15 a.m.	H L	3:01 p.m. 9:02 a.m.
Guard Shore	H L	10:48 a.m. 5:54 p.m.	H L	11:27 a.m. 6:32 p.m.	H	12:05 p.m. 7:08 p.m.	H	12:44 p.m. 6:49 a.m.	H	1:24 p.m. 7:29 a.m.	H	2:07 p.m. 8:11 a.m.	H	2:53 p.m. 8:58 a.m.
Chescon. Creek	H L	10:23 a.m. 5:06 p.m.	H L	11:02 a.m. 5:44 p.m.	H L	11:40 a.m. 6:20 p.m.	H	12:19 p.m. 6:56 p.m.	H	12:59 p.m. 6:41 a.m.	H L	1:42 p.m. 7:23 a.m.	H	2:28 p,m. 8:10 a.m.
Onancock Creek	H	10:37 a.m. 5:26 p.m.	H L	11:16 a.m. 6:04 p.m.	H	11:54 a.m. 6:40 p.m.	H	12:33 p.m. 6:21 a.m.	H L	1:13 p.m. 7:01 a.m.	H	1:56 p.m. 7:43 a.m.	H	2:42 p.m. 8:30 a.m.
Pungoteague Creek	H L	9:53 a.m. 4:40 p.m.	H L	10:32 a.m. 5:18 p.m.	H	11:10 a.m. 5:54 p.m.	H L	11:49 a.m. 6:30 p.m.	H L	12:29 p.m. 6:15 a.m.	H	1:12 p.m. 6:57 a.m.	H L	1:58 p.m. 7:44 a.m.
Nassawadox	H L	8:35 a.m 2:57 p.m.	H L	9:13 a.m. 3:37 p.m.	H L	9:51 a.m. 4:17 p.m.	H	10:29 a.m. 4:58 p.m.	H	11:09 a.m. 5:39 p.m.	H	11:52 a.m. 6:22 p.m.	H L	12:37 p.m. 7:08 p.m.
Occohan. Creek	H L	9:04 a.m. 4:01 p.m.	H L	9:41 a.m. 4:40 p.m.	H L	10:19 a.m. 5:18 p.m.	H L	11:01 a.m. 5:56 p.m.	H L	11:45 a.m. 6:34 p.m.	H L	12:29 p.m. 7:14 p.m.	H L	1:15 p.m. 6:55 a.m.
Cape Charles	H L	7:27 a.m. 2:10 p.m.	H	8:06 a.m. 2:48 p.m.	H	8:44 a.m. 3:24 p.m.	H	9:23 a.m. 4:00 p.m.	H	10:03 a.m. 4:39 p.m.	H L	10:46 a.m. 5:22 p.m.	H	11:32 a.m. 6:11 p.m.
Kiptopeke Beach	H L	7:03 a.m. 1:37 p.m.	H L	7:39 a.m. 2:15 p.m.	H L	8:16 a.m. 2:52 p.m.	H L	8:54 a.m. 3:28 p.m.	H L	9:35 a.m. 4:07 p.m.	H L	10:19 a.m. 4:52 p.m.	H L	11:06 a.m. 5:41 p.m.

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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: WILD CANINES

Black bears Buffalo Canyons

Earthquakes

Elk Geysers Lakes Moose

Mud pots Old Faithful Pronghorn Rangers

Waterfalls Wildfires Wyoming

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#### Last week's answers



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8	3	7	2	6	9	1	4	5
6	1	9	8	4	5	2	3	7
4	2	5	1	7	3	8	9	6
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7	6	1	4	9	8	5	2	3
1	5	4	3	2	7	9	6	8
9	7	6	5	8	4	3	1	2
2	8	3	9	1	6	7	5	4

#### Weekly **SUDOKU**

#### by Linda Thistle

				6			8
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

#### **DIFFICULTY THIS WEEK:** ♦ ♦ ◀

♦ Moderate ♦ ♦ Challenging ♦♦♦ HOO BOY!

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#### STIMPT CTOSSWORD NOT A SINGLE SPOT

		uper O	.022MOT	$u = \frac{NOTAS}{2}$	INGLE SFOT
ACROSS	59 Catch sight of	_	<b>7</b> Cider fruit	47 All tied up	84 Partly open
1 Hoover, e.g.	60 Ostrich's kin	Kalamazoo"	8 Chou En- —	48 Sharp knocks	85 Neuwirth of
7 Hertz rival	61 Big name in	104 Toothpaste	9 Picnic pest	50 "You are not!"	"Cheers"
12 Military	cosmetics	tube inits.	10 Emceeing aid	retort	86 Nonclerical
vehicle for	64 Big bees	<b>105</b> — kwon do	11 Earthy hues,	51 Noble acts	87 "Me? Never!
recon	66 Rainforests	108 O.J. Simpson	to Brits	52 "All booked	89 Husbands-
20 Roma's place	and such	trial judge	12 Satirizes	up, sorry"	to-be
21 Go into a	69 Round	111 Activity that	13 Division of a	53 Model	93 Tots' haulers
major tizzy	one of the	will be unsuc-	long poem	Tequila	94 — discount
22 Worth of a	corners in	cessful when	14 Tolkien brute	58 Catch sight of	95 Smartphone
security at	Monopoly	applied to	15 Coll. in the	60 Liverpool loc.	pic, often
its face	72 Mets' div.	this puzzle's	Old Dominion	61 Purple flower	96 Railing sites
23 Rare	73 Vast span	theme?	State	62 — acid (fat	97 Sunni's faith
musical gift	74 Awful review	<b>117</b> Hans	16 Home of the	substance)	98 Animated
25 Being filmed	77 First-aid plant	Christian —	NFL's Bucs	63 Irish actor	2016 Disney
26 Aug. follower	78 Purplish berry	118 JFK Library	17 Symbol of a	Stephen	film
27 Feel awful	<b>79</b> Derby, e.g.	architect	fresh start	64 Allowance	99 After a time
28 Tree's anchor	80 Buffalo's	119 The Beach	18 Gold-related	65 Sizable vase	<b>100</b> Sup at
30 Sandbox toy	county	Boys' "Help	<b>19</b> "Royal," in	66 Put to work	home
31 Elicitor of a	81 Aladdin's	Me, —"	20-Across	67 A single time	<b>101</b> Adobe
rave review	monkey pal	120 People giving	24 Up to, in brief	68 Sports sides	Acrobat file
39 Newton and	82 Excellent	rubdowns	29 Metal in rocks	<b>69</b> Early TV	106 Forever
Asimov	etiquette	121 Printer brand	32 Small error	host Jack	— day
41 Beats of life	88 Wasn't	122 Motto	33 German for	70 "Dark Angel"	107 "Manhattan
42 Klutzy sorts	penned up		"eight"	star Jessica	Beach"
43 Naiad or	<b>90</b> Levi's, e.g.	DOWN	34 Design detail	<b>71</b> Healthy	novelist
dryad	91 Start	1 Big cheeses	35 — wrestling	intellects	Jennifer
44 Plant swelling	92 Singer Celine	2 Suited to —	36 Strategy	74 Introducing	109 Sooner than
46 Ben of	93 Green sushi	3 Goldfish and	37 Quaint news-	75 Broadcaster	poetically
"Zoolander"	condiment	minnows are	paper section	76 Aeries, e.g.	<b>110</b> Sch. in
49 Mint quality	96 "M*A*S*H"	members of it	38 Primary	78 Big primate	Terre Haute
<b>54</b> "13th"	actor David	4 Samuelsson	39 Dressed for	79 Clutch sitter	112 Gig hookup
director	Ogden —	who got the	nighty-night	80 Film scorer	113 FedEx rival
DuVernay	97 Famed	winning goal	40 IHOP topping	Morricone	114 Zodiac lion
55 Styne of song	Steelers play	in the 1991	44 Result	<b>82</b> — -Z (old	115 Dallas Stars
56 TV spots	of 1972	Stanley Cup	45 — Moines	Camaro)	org.
<b>57</b> Vaper's item	102 Cole Porter's	<b>5</b> Driver's 180	46 Autograph:	83 List of	<b>116</b> "Yabba
58 How-to unit	"— Love"	6 Large parrots	Abbr.	options	dabba —!"
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Jacksonville Jaquars at Tennessee Titans (12/8/2024)

Seattle Seahawks at Arizona Cardinals (12/8/2024)

Chicago Bears at San Francisco 49ers (12/8/2024)

Buffalo Bills at Los Angeles Rams (12/8/2024)

\*\*\*TIEBREAKER\*\*\* The total points scored in the Green Bay Packers and Detroit Lions NFL team

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